



# Aquatic & Fitness Center Group Exercise Schedule Summer 2013

Please check in at the front desk.



	Monday	Tuesday	Wednesday	Thursday	Friday
12:15–1:15pm	Totally Sculpt Alison	Zumba Alive Kazumi	Cardio Kickboxing Noki	Cardio Sculpt Patty	TBC Jen/Alison
5:30-6:25pm		Cardio Kickboxing Mary		Zumba Lorena	
6:30-7:25pm	Power Dance Veronika		Belly Dance Jacqui		

**All Classes will take place in AFC Multipurpose Room #1 (Group Exercise Room)**



Classes Run: May 20-July 27  
No Classes: May 27, July 4 - 6

