

George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall 2015/Spring 2016

AA- Aerobics		Open Lap Swimming	Mason Life				
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline				
Int Sw- Intermediate Swim	Adv Sw-Advanced Swim						
MONDAY/WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12	Intermediate Swimming 12p-1:15p						
1	Advanced Swimming 1:15p-2:45p						
2							
3							
4							
5	Aqua Aerobics!						
6							
7							
8							
9							
10							
POOL CLOSSES AT 10:30 PM							

TUESDAY/ THURSDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
POOL CLOSSES AT 10:30 PM							

FRIDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12				Mason Life 12:30-3:00			
1							
2							
3							
4							
5							
6							
7							
8							
POOL CLOSSES AT 8:30 PM							

SATURDAY							
LANES	1	2	3	4	5	6	Ramp
AM 815							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
POOL CLOSSES AT 6:30 PM							

SUNDAY							
LANES	1	2	3	4	5	6	Ramp
AM 9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8							
POOL CLOSSES AT 8:30 PM							