George Mason University Aquatic & Fitness Center, Recreational Pool Schedule Fall 2015/Spring 2016

	-	ic & Fitnes		Spring 2016	3		
AA- Aerobics		1 0.11 = 0 1 0/10		Open Lap Swimming		Maso	n Life
CCF-Country Club of Ffx		AN - AnNam		MK - Mako		Streamline	
Int Sw- Intern	nediate Swim	Adv Sw-Adva	anced Swim				
				/EDNESD		-	
LANES AM 6	1	2	3	4	5	6	Ramp
7							
<u>8</u>							
10							
11 PM 12	Intermedia	te Swimming	12n-1·15n				
1	Advanced	Swimming 1	:15p-2:45p				
<u>2</u> 3							
4							
5 6	P	Aqua Aerobic	s!				
7							
<u>8</u>							
10			POOL CL	OSES AT	10:30 PM		
		TI	IESDAY/	THURSD	ΔΥ		
LANES	1	2	3	4	5	6	Ramp
<u>AM 6</u>							
8							
9 10							
11							
PM 12							
1 2							
3							
<u>4</u> 5							
6							
9			DOOL CL	OSES AT	10.20 DM		
10			POOL CL	USES AT	10:30 PIVI		
LANGO	- 4			DAY	-	0	D
LANES AM 6	1	2	3	4	5	6	Ramp
7							
<u>8</u>							
10 11							
PM 12							
<u>1</u>				Mas	son Life	12:30-3	3:00
3							
<u>4</u> 5							
6							
			POOL C	OSES AT	8-30 PM		
6							
LANES			A				
LCIALO	1	2		RDAY		6	Ramn
AM 815	1	2	SATU 3		5	6	Ramp
AM 815 9	1	2		RDAY		6	Ramp
AM 815 9 10	1	2		RDAY		6	Ramp
AM 815 9	1	2		RDAY		6	Ramp
AM 815 9 10 11 PM 12	1	2		RDAY		6	Ramp
AM 815 9 10 11 PM 12 1	1	2		RDAY		6	Ramp
AM 815 9 10 11 PM 12 1 2	1	2		RDAY		6	Ramp
AM 815 9 10 11 PM 12 1	1	2		RDAY		6	Ramp
AM 815 9 10 11 PM 12 1 2 3	1	2	3	RDAY	5	6	Ramp
AM 815 9 10 11 PM 12 1 2 3 4 5	1	2	POOL C	A A A A A A A A A A A A A A A A A A A	5	6	Ramp
AM 815 9 10 11 PM 12 1 2 3 4 5	1	2	POOL C	RDAY 4	5	6	Ramp
AM 815 9 10 11 PM 12 1 2 3 4 5 6			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 2 3 4 5 6			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 2 3 4 5 6 LANES AM 9 10 11 PM 12			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 2 3 4 5 6 LANES AM 9 10 11			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 1 2 3 4 5 6 LANES AM 9 10 11 PM 12 2 3			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 1 2 3 4 5 6 LANES AM 9 10 11 PM 12 2 3 4 5 4 4 5 4 4 5 4 4 5 4 4 5 4 6			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 1 2 3 4 5 6 LANES AM 9 10 11 PM 12 1 2 3 4 5 5 5 6 5			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 1 2 3 4 5 6 LANES AM 9 10 11 PM 12 5 6			POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		
AM 815 9 10 11 PM 12 1 2 3 4 5 6 LANES AM 9 10 11 PM 12 1 2 3 4 5 5 5 6 5	1		POOL CI	A A A A A A A A A A A A A A A A A A A	6:30 PM		