Spring 2016 Trip Descriptions

**All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen**

Registration for trips after Spring Break will open on March 14th

Anchor Building Clinic Sat April 2nd-Sun April 3rd
Registration ends March 30th

The first step to being able to climb independently outside is to learn the basics of climbing anchor building. In this two day course we will go over the basics of building top rope anchors, gear placement and the effect of angles on anchor strength. We will also discuss appropriate anchor equipment and safety considerations.

This course will be taught entirely outside and will go rain or shine. Climbing shoes are nice to have but not required since the focus of the course will be anchor building, and not climbing (but there will be an opportunity to get a climb or two in).

This is NOT a certification course; rather it is intended to teach the basics of placing gear, building anchors, and appropriate knots and materials for anchoring and master points. Climbing is dangerous and only you can decide when you are ready to climb without guides or instructors. Anchors are only as good as you make them and as good as the strength of each part of the system. Use good judgement and seek further professional instruction if needed.

This course will be limited to a maximum of 6 people. Prior outdoor climbing experience is required.

Cost: $100

What to wear: weather appropriate clothing and good walking or hiking shoes (closed-toed sneakers or boots)

What to bring: a daypack containing ID, harness, helmet, climbing shoes, 2 water bottles, lunch, sunscreen, rain jacket, and any other layers you might need. If you own ropes or anchor equipment bring it; otherwise this will be provided.

When/Where: Meet at Skyline Fitness Center on the Fairfax Campus at 8am. We will do introductions and an overview of the weekend at Skyline and then head out to Great Falls where the majority of the course will be taught. We will return to Campus around 4pm both days.