

Spring 2016 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for trips through Spring Break will open on January 19th

White Grass Cross Country Ski Day Saturday Feb. 20th Registration ends Feb. 18th

We'll be heading out to beautiful West Virginia to explore the 30 miles of trail offered by White Grass Ski Touring Center. White grass has groomed cross country trails as well as downhill trails through the woods. Beginners are welcome since the trip will include a one hour lesson.

Cost: \$45 (If you have your own XC skis/boots/poles) This cost includes transportation, area use fee, one hour lesson, and our knowledgeable trip leaders

or

\$65 if you need to rent skis/boots/poles. This cost includes transportation, area use fee, one hour lesson, equipment rentals, and our knowledgeable trip leaders

What to wear: weather appropriate clothing that will keep you warm and dry while skiing. Wool or synthetic socks will be key. Good warm boots in case we get tired of skiing and want to take the snowshoes out.

What to bring: a daypack containing ID, 2 water bottles, lunch, sunscreen, shell jacket, gloves, warm jacket, and any other layers you might need. There is also a café on site so you may want to bring money for a snack or warm drink. **We may or may not be in the neighborhood of the café around lunch time so don't rely on it for lunch.**

When/Where: Meet at Skyline Fitness Center on the Fairfax Campus at 7am. We will drive to White Grass, ski, eat lunch along the way, and return to campus between 7 and 8pm.