Spring 2016 Trip Descriptions

**All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen**

Registration for trips through Spring Break will open on January 19th

Wilderness First Aid
Saturday Feb. 6 - Sunday Feb 7th

Registration ends Feb. 4th

Want to be prepared in a backcountry emergency? This course teaches and certifies you in the basics of Wilderness and Remote First Aid. You will learn how to respond to common emergencies far from outside help and with minimal resources. This is a two-day, sixteen-hour course. You must attend the course in its entirety and pass the final written exam in order to be certified.

Cost: $75

What to wear: weather appropriate clothing and good walking or hiking shoes (closed-toed sneakers or boots)

What to bring: a daypack containing ID, 2 water bottles, lunch, sunscreen, rain jacket and any other layers you might need, plus whatever else you might bring with you on a day hike or other outdoor activity.

When/Where: This course will run from 8am until 5pm both days on the Science and Technology Campus of George Mason University in Manassas, VA.