

GEORGE MASON UNIVERSITY AQUATIC & FITNESS CENTER

Competition Pool Schedule: May 30 - June 23

Memorial Day until end of FFX County School

MK = Mason Makos	FISH
GMS = George Mason Swim Team	UWH- Underwater Hockey
GMD = George Mason Diving	Streamline
PM = Potomac Marlins	Tri = Triathlon Club
MS = Masters Swimming	MDA = Mason Dive Academy
ST = Shark Tank	An Nam
Open Lap Swim	Closed

MONDAY & WEDNESDAY									Rec Pool	Rec Pool	Rec Pool
LANES	1	2	3	4	5	6	7	8	Lane 1	Lane 2	Lane 3
4:45 AM	MK	MK	MK	MK	PM	PM	PM	PM			
5a	MK	MK	MK	MK	PM	PM	PM	PM			
6:15a	MK	MK	MK	MK	PM	PM	PM	PM			
6:30a	GMS	GMS	GMS								
7	GMS	GMS	GMS								
8	GMS/	GMS/	GMS/								
9				/GMD	/GMD	/GMD	/GMD				
10				GMD	GMD	GMD	GMD				
11					MS/	MS/					
PM 12					MS	MS					
1											
2											
3											
4	GMS (M only)										
5	GMS (M only)	MK 4:30p (W only)		MK/	MK/	PM	PM	PM			
5:30		MK	MK	MK	MK	MK	MK	PM		Agua Aerobics	
6		MK	MK	MK	MK	MK	MK	PM		Agua Aerobics	
6:30		MK						PM			
7		MK						PM			
8											
8:30p											

PM will begin on June 1

TUESDAY & THURSDAY								
LANES	1	2	3	4	5	6	7	8
4:45 AM					PM	PM	PM	PM
5AM	MK	MK	MK	MK	PM	PM	PM	PM
6	MK	MK	MK	MK	PM	PM	PM	PM
6:15	MK	MK	MK	MK				
6:30	GMS	GMS	GMS					
7	GMS	GMS	GMS					
8	GMS/	GMS/	GMS/					
9								
10								
11								
PM 12								
1								
2								
3	GMS	GMS	GMS					
4	GMS	GMS	GMS	MK	MK	MK	MK	MK
5	PM	PM		MK	MK	MK	MK	MK
5:30	PM	PM		MK	MK	MK	MK	MK
6	PM	PM	MDA	MDA	MDA	MDA	MK	MK
7	MS	MS	MDA	MDA	MDA	MDA	MS	
8	MS	MS					MS	
8:30								

PM will begin on May 31

FRIDAY								
LANES	1	2	3	4	5	6	7	8
4:45 AM					PM	PM	PM	PM
5:00 AM	MK	MK	MK	MK	PM	PM	PM	PM
6	MK	MK	MK	MK	PM	PM	PM	PM
6:15 AM	MK	MK	MK	MK				
6:30	GMS	GMS	GMS					
7	GMS	GMS	GMS					
8	GMS	GMS	GMS					
8:30				GMD	GMD	GMD	GMD	
9				GMD	GMD	GMD	GMD	
10				GMD	GMD	GMD	GMD	
11								
PM 12								
1								
2								
3								
4	PM	PM	PM	PM	PM	PM		
5	PM	PM	PM	PM	PM	PM		
5:30	PM	PM	PM	PM	PM	PM		
6								
7					MS	MS		
8:30								

SATURDAY									Rec Pool	
LANES	1	2	3	4	5	6	7	8	Lane 1	
6	PM 5 lanes June 11 only									
7										
8	GMS	GMS	GMS	MS 8:15a-9:45a						
9	GMS	GMS	GMS	MS 8:15a-9:45a						
10:00									Streamline	
11									Streamline	
12									Streamline	
1					FFX Foxes 12p-1:30p(June 11 and 18)				Streamline	
2									Streamline	
3									Streamline	
4									Streamline	
5									Streamline	
6									Streamline	
6:30									Streamline	

SUNDAY									Rec Pool
LANES	1	2	3	4	5	6	7	8	Lane 1
9	MS 9:15a-10:45a								
10									
11				MDA	MDA	MDA	MDA		
PM 12				MDA	MDA	MDA	MDA		
1					ST 1p-2:30p June 12, 19				
2									
3									An Nam June 12, 19
4					An Nam - June 12, 19				An Nam June 12, 19
5					An Nam - June 12, 19				
6	ST 5p-7p - June 12, 19								Streamline
7					MS	MS			Streamline
8					MS	MS			
8:30									

Note MDA will access the deck for warm up 30 minutes before their scheduled water time when they are on the schedule