

George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall 2016/Spring 2017

AA- Aerobics		Open Lap Swimming	Mason Life
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline
Int Sw- Intermediate Swim	Adv Sw-Advanced Swim		

MONDAY/WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12	Inter Swim (until Spring Break)						
1							
2							
3							
4							
5	Aqua Aerobics						
6							
7							
8							
9							
10	POOL CLOSSES AT 10:30 PM						

TUESDAY/ THURSDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8					Log Rolling - Tues only		
9							
10	POOL CLOSSES AT 10:30 PM						

FRIDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8	POOL CLOSSES AT 8:30 PM						

SATURDAY							
LANES	1	2	3	4	5	6	Ramp
AM 815							
9							
10	MAKO 10:30a-11:15a						
11							
PM 12							
1	Streamline						
2	Streamline						
3	Streamline						
4	Streamline						
5	Streamline						
6	POOL CLOSSES AT 6:30 PM						

SUNDAY							
LANES	1	2	3	4	5	6	Ramp
AM 9							
10							
11	Lake View						
PM 12	CCF						
1	CCF						
2							
3	An Nam 3p-4:30p						
4	4:30 Marlins						
5	Marlins						
6	Streamline						
7	Streamline						
8	POOL CLOSSES AT 8:30 PM						