

Massanutten Challenge Application

The Massanutten Challenge is a 71 mile circumnavigation of the Massanutten Range over two (and a bit) days.

Success is not guaranteed. This will be an extremely physically demanding hike with daily mileage averaging 30+ miles and approximately 15 hours of hiking each day. We will leave campus Friday, April 14th at 4pm with the goal of hiking at least 10 miles that evening. We will return to campus late Sunday evening.

Describe your level of physical fitness:

What is the most difficult physical and mental challenge you have ever completed?

What is your experience with ultralight backpacking?

What is the longest distance you have hiked in one day?

What is the longest distance hiking trip you have completed?

Are you ready to push yourself?

How do you handle stress and lack of sleep?

Why should you be chosen for this trip?

Please complete and submit to rmurph14@gmu.edu to be considered for this hike.