

GEORGE MASON UNIVERSITY AQUATIC & FITNESS CENTER

Competition Pool Schedule: July 1-July 31

MK = Mason Makos		FISH		MDA = Mason Dive Academy				
PM = Potomac Marlins		AN = An Nam						
ST = Shark Tank		STR = Streamline		FFX = Fairfax Foxes				
MONDAY								
LANES	1	2	3	4	5	6	7	8
5AM								
6	Varsity Swim 6a-8a			Mako 6a-8a		Open Swim 6a-8:30a		
7								
8	Mako 8a-9a							
9								
10				Varsity Dive 9a-11a (on deck 8a-9a)				
11				Master's 11:30a-1p		Open Swim 11a-1p		
12PM								
1				MDA 1p-3:30p (on deck 12:30p)				
2								
3				Machine Aquatics 3:30p-5:30p				
4								
5								
5:30				Shark Tank 5:30p-7:30p (only June 17, July 29)		Open Swim 5:30p-7:30p		
6								
7								
7:30								
Pools Close @ 7:30PM								

UWH- Underwater Hockey		MS = Masters Swimming		GMD = George Mason Dive				
		Open Lap Swim		GMS = George Mason Swim				
				Closed				
THURSDAY								
LANES	1	2	3	4	5	6	7	8
5AM								
6	Varsity Swim 6a-8a			Mako 6a-8a		Open Swim 6a-8:30a		
7								
8	Mako 8a-9a							
9								
10				Varsity Dive 9a-11a (on deck 8a-9a)				
11								
12PM								
1				MDA 1p-3:30p (on deck 12:30p)				
2								
3				Machine Aquatics 3:30p-5:30p				
4								
5								
5:30				Open Swim 5:30p-7:30p				
6								
7				Master's 6p-7:30p				
7:30								
Pools Close @ 7:30PM								

TUESDAY								
LANES	1	2	3	4	5	6	7	8
5AM								
6	Varsity Swim 6a-8a			Mako 6a-7:30a		Open Swim 6a-8:30a		
7								
8								
9				Varsity Dive 8:30a-11a (on deck 8a, water 8:30a-11)				
10								
11								
12PM				MDA 1p-3p (on deck 12:30p)				
1								
2				Machine Aquatics 3:30p-5:30p				
3								
4								
5								
5:30				Open Swim 5:30p-7:30p				
6								
7				Master's 6p-7:30p				
7:30								
Pools Close @ 7:30PM								

FRIDAY								
LANES	1	2	3	4	5	6	7	8
5AM								
6	Varsity Swim 6a-8a			Mako 6a-7:30a		Open Swim 6a-8:30a		
7								
8								
9				Varsity Dive 8:30a-11a (on deck 8a, water 8:30a-11)				
10								
11								
12PM				MDA 1p-3p (on deck 12:30p)				
1								
2				Machine Aquatics 3:30p-5:30p (last day is Fri, July 26)				
3								
4								
5								
5:30								
6p				Master's 6p-7:30p		Open Swim 5:30p-7:30p		
7p								
7:30p								
Pools Close @ 7:30PM								

WEDNESDAY								
LANES	1	2	3	4	5	6	7	8
5AM								
6	Varsity Swim 6a-8a			Mako 6a-8a		Open Swim 6a-8:30a		
7								
8	Mako 8a-9a							
8:30								
9				Varsity Dive 9a-11a (on deck 8a-9a)				
10				Master's 11:30a-1p		Open Swim 11a-1p		
11								
12PM				MDA 1p-3:30p (on deck 12:30p)				
1								
2				Machine Aquatics 3:30p-5:30p				
3								
4								
5								
6								
7				Shark Tank 5:30p-7:30p		Open Swim 5:30p-7:30p		
7:30								
Pools Close @ 7:30PM								

SATURDAY								
LANES	1	2	3	4	5	6	7	8
6AM								
7								
8								
9								
10								
10:30					Master's 10:30a-12p			
11								
12PM					Open Swim 10:30a-3p			
1								
2								
3								
4								
4:30								
Pools Close @ 3PM								

SUNDAY								
LANES	1	2	3	4	5	6	7	8
8AM					Open Swim 8a-12p			
9AM					Master's 9a-10:30a			
10								
11								
12PM				MDA 10:30a-1:30p (on deck 10a)				
1								
2	Shark Tank 2p-4p			VLAC 2p-4p (no practice June 23)				
3								
4								
4:30								
Pools Close @ 12PM								

****No varsity dive July 13-July 24**