

Fall 2015 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for all trips will open on September 1st

Hiking Old Rag Saturday Oct. 3rd Registration ends Oct. 1st

One of the most popular hikes in Virginia, Old Rag is a moderately difficult 5-6 hour hike that offers spectacular views of the Shenandoah Mountains both at the summit and along the way. It's a must do for any Virginia hiker and covers everything from shaded forest trails to summit rock scrambling.

Cost: \$10

What to wear: weather appropriate clothing and good walking or hiking shoes (closed-toed sneakers or boots)

What to bring: a daypack containing ID, 2 water bottles, lunch, sunscreen, rain jacket and any other layers you might need

When/Where: Meet at Skyline Fitness Center on the Fairfax Campus at 8am. We will drive to Old Rag, hike, eat lunch along the trail, and return to campus around 5-6pm.