

Fall 2015 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for all trips will open on September 1st

Stand-Up Paddleboarding at Fountainhead Saturday Sept. 26th Registration ends Sept. 24th

Ever wanted to try your hand at Stand-Up Paddleboarding? Now is your chance! Join us for a trip to Pohick Bay on the Occoquan River to test out our ISUPs. Take a break from homework and head out on the water with us! Remember, if you like it, you can always rent our boards and head out on your own.

Cost: \$20

What to wear: weather appropriate clothing, bathing suit, and secure water shoes **NO FLIP FLOPS**

What to bring: Bathing suit, towel, 2 bottles of water, lunch/snacks, water shoes, (can be rented from us)
sunscreen, hat, change of clothes, daypack to put it all in

When/Where: Meet at Skyline Fitness Center at 9am. From here we will drive to Fountainhead for the day. We will arrive back at Mason between 2-3pm