

Fall 2015 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for all trips will open on September 1st

Overnight Backpacking in Shenandoah National Park Nov.14th-15th Registration ends Nov. 12th

For our last trip of the semester we will be going on an overnight trip to beautiful Shenandoah National Park. There will be about 6 to 7 miles of hiking each day and we will set up camp in the evening on the first night. All skill levels are welcome!

Cost: \$25 which covers transportation, group gear (tents, stoves, etc.), dinner Saturday, breakfast Sunday, and Sunday lunch

Or

\$35 which covers the above, plus includes backpack, sleeping bag & pad, rain gear, headlamp, bowl and spoon

What to wear: weather appropriate clothing and good walking or hiking shoes (closed-toed sneakers or boots)

What to bring:

Backpacking pack* (big enough for your personal equipment as well as your share of group gear and food)

Sleeping Pad*

Sleeping Bag appropriate for the temperatures*

2 liter-sized water bottles

Headlamp or flashlight*

Wool or synthetic socks for each day plus a spare pair (avoid cotton)

Rain gear* (no umbrellas)

Plastic bowl and eating utensil* (Tupperware works well)

Clothing appropriate for the weather (synthetics are best, *cotton is strongly discouraged* except for t-shirts)

Good shoes or boots

Sunscreen

VERY minimal necessary toiletries (contact solution, toothbrush etc)

Lunch/snacks for the first day

Optional knife

*These items are available to rent individually or you can rent all of them by paying the additional \$10 gear fee

When/Where: Meet at Skyline Fitness Center at 8am on the 14th. We will go over equipment and pack up here and then drive out to the trail. We will spend the day hiking and camp for the evening. We will finish the hike the following morning and return to campus on Sunday afternoon.