

Summer 2016 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Great Falls Hiking

Saturday July 9th

Great Falls Park lies along the Potomac River in northern Virginia. Come join us for a nice day of hiking at beautiful Great Falls. See the falls and admire the scenery while we hike for about 4 miles. This will be a great way to get out into nature and relax as well as a nice introduction to hiking in our area. .

Cost: \$10

What to wear: weather appropriate clothing and good walking or hiking shoes (closed-toed sneakers or boots)

What to bring: a daypack containing ID, 2 water bottles, lunch, sunscreen, rain jacket and any other layers you might need

When/Where: Meet at Skyline Fitness Center on the Fairfax Campus at 9:30am. We will drive to Great Falls, hike, eat lunch along the trail, and return to campus around 3pm. (Trip can go longer if students desire to hike more)