

VINCENT JETER

Vincent is originally from King George, VA. Vincent is one of our newest Personal Trainers on staff. As a kid, he played soccer, baseball and basketball. As a freshman here at GMU, he joined the club soccer team and began to weight lift. He received his Personal Trainer Certification through the American Council of Exercise (ACE) and is currently pursuing a degree in Health, Fitness and Recreational Resources with a concentration in Kinesiology.

Vincent decided to become a personal trainer because he wants to help others live a healthier lifestyle. When he isn't working out, he enjoys reading a good book or playing a game of golf.

