

George Mason University Aquatic & Fitness Center, Recreational Pool Schedule Fall 2018/Spring 2019							
AA- Aerobics		Open Lap Swimming	Mason Life				
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline				
MONDAY/WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5	Aqua Aerobics						
6							
7							
8							
9							
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						
TUESDAY/ THURSDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8							
9							
						Log Rolling - Tues only	
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						

FRIDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
7:30	POOL CLOSSES AT 7:30p -- Facility closes at 8p						
SATURDAY							
LANES	1	2	3	4	5	6	Ramp
AM 8							
9							
10	MAKO 9:45aa- 11:15a						
11							
PM 12							
1							
2							
3	Streamline 12:30p- 5:30p						
4							
5							
5:30	POOL CLOSSES AT 5:30p -- Facility closes at 6p						
SUNDAY							
LANES	1	2	3	4	5	6	Ramp
AM 8							
9							
10							
11							
PM 12	CCF 11a-1p						
1							
2	SS 2-3p						
3	An Nam 3p- 4:30p						
4							
5							
6	Streamline 5:30p-7:30p						
7							
7:30	POOL CLOSSES AT 7:30p -- Facility closes at 8p						