

George Mason University Aquatic & Fitness Center, Recreational Pool Schedule September 3rd-September 9th							
AA- Aerobics		Open Lap Swimming	Mason Life				
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline				
MONDAY/WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6	CLOSED for Varsity practice 6:30a-8:30a (Wednesday only)						
7							
8							
9							
10							
11							
PM 12	CLOSED for Varsity practice 12:30p-4p (Wednesday only)						
1							
2							
3							
4							
5	Aqua Aerobics						
6							
7							
8							
9							
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						
TUESDAY/ THURSDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6	CLOSED for Varsity practice 6:30a-8:30a						
7							
8							
9							
10							
11							
PM 12	CLOSED for Varsity practice 12:30p-4p						
1							
2							
3							
4							
5							
6							
7							
8							Log Rolling - Tues only
9							
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						

FRIDAY							
LANES	1	2	3	4	5	6	Ramp
AM 6	CLOSED for Varsity practice 6:30a-8:30a						
7							
8							
9							
10							
11							
PM 12	CLOSED for Varsity practice 12:30p-4p						
1							
2							
3							
4							
5							
6							
7							
7:30	POOL CLOSSES AT 7:30p -- Facility closes at 8p						
SATURDAY							
LANES	1	2	3	4	5	6	Ramp
AM 8	CLOSED for Varsity practice 8a-10:30a						
9							
10							
11							
PM 12	CLOSED for Staff Training 10:30a-4p						
1							
2							
3							
4							
5							
5:30	POOL CLOSSES AT 5:30p -- Facility closes at 6p						
SUNDAY							
LANES	1	2	3	4	5	6	Ramp
AM 8							
9	CLOSED for Staff Training 9a-3p						
10							
11							
PM 12	CLOSED for Staff Training 9a-3p						
1							
2							
3							
4							
5							
6							
7							
7:30	POOL CLOSSES AT 7:30p -- Facility closes at 8p						