



Fall 2018 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for trips will open on August 25th

Long Weekend Backpacking

October 6th - 8th

Registration ends October 4th

Get out and enjoy the great fall weather over the autumn long weekend. We'll be running a three day, two night trip in the Massanutten mountains west of Shenandoah. This trip will cover about 7 miles each on Saturday and Sunday with a shorter day Monday. You'll have the opportunity to summit multiple mountains along your journey.

Cost: \$35 which covers transportation, group gear (tents, stoves, etc.), dinner Saturday, breakfast/lunch/dinner Sunday, and breakfast Monday.

Or

\$45 includes all the above plus backpack, sleeping bag, sleeping pad, rain gear, bowl, spoon, headlamp.

What to wear: weather appropriate clothing and good walking/running/hiking shoes (closed-toed sneakers)

What to bring:

Any personal backpacking gear you feel like bringing

Water storage (2+ liters)

Headlamp or flashlight*

Wool or synthetic socks plus a spare pair (avoid cotton)

Rain gear* (no umbrellas)

Eating utensil (spoons are generally best)

Clothing appropriate for the weather (synthetics are best, *cotton is strongly discouraged* except for t-shirts/underwear)

Sneakers/running shoes

Sunscreen

VERY minimal necessary toiletries (contact solution, toothbrush etc.)

Lunch/snacks for the first day

Optional small knife

*These items are available to rent individually or you can rent all of them by paying the additional \$10 gear fee

When/Where: Meet at Skyline Fitness Center at 7:30am on the 6th. We will go over equipment and pack up here and then drive out to the trail. We will spend the day hiking and camp for the evening. On Sunday we'll do a peak and move camp. After breakfast on Monday we'll pack up camp and hike back to the van returning to campus around lunch time.