

Spring 2019 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for trips after Spring Break will open on March 4th

Ultralight Backpacking April 6th- 7th Registration ends April 4th



Do you want to learn how to travel lighter and go farther? Our ultralight backpacking trip is designed to introduce you to the skills you need to comfortably spend multiple days in the backcountry with packs of a similar size and weight to many people's typical daypack load. We will not only explore how to bring less stuff, but also how to more efficiently use the gear you do bring, and how to consider dropping your pack weight further. We will start our first morning discussing basic equipment selections and preparing our cook kits. Then we'll hit the trail and feel the freedom of lightweight packs.

Cost: \$45 which covers transportation, group gear (tents, stoves, etc.), dinner Saturday, breakfast Sunday, and Sunday lunch for each trip. You will also receive your own solo cookpot and we will each make our own solo stove.

What to wear: weather appropriate clothing and good walking/running/hiking shoes (closed-toed sneakers)

What to bring:

Any personal backpacking gear you feel like bringing

Water storage (2 liters)

Headlamp or flashlight*

Wool or synthetic socks plus a spare pair (avoid cotton)

Rain gear* (no umbrellas)

Eating utensil (spoons are generally best)

Clothing appropriate for the weather (synthetics are best, *cotton is strongly discouraged* except for t-shirts/underwear)

Sneakers/running shoes

Sunscreen

VERY minimal necessary toiletries (contact solution, toothbrush etc)

Lunch/snacks for the first day

Optional small knife

*These items are available to rent individually or you can rent all of them by paying the additional \$10 gear fee

When/Where: Meet at Skyline Fitness Center at 8am. We will go over equipment and pack up here and then drive out to the trail. We will spend the day hiking and camp for the evening. We will finish the hike the following morning and return to campus on Sunday afternoon. Expect to hike 15-20 miles total over the two days.