



Spring 2019 Trip Descriptions

****All return times are approximate and depend on group pace, traffic, and weather. We do our best to return on time but sometimes things happen****

Registration for trips after Spring Break will open on March 14th

Winter Overnight Backpacking February 23rd – 24th Registration ends February 21st

Have you ever dreamed of staying in a cozy backcountry cabin in the winter? We are leading a winter backpacking trip through beautiful Shenandoah National Park, but instead of tents, we will spend the night in Range View Cabin.

Cost: \$45 which covers transportation, group gear (stoves, etc.), dinner Saturday, breakfast Sunday, and Sunday lunch, plus backpack, sleeping bag & pad, rain gear, headlamp, bowl and spoon

What to wear: weather appropriate clothing and good warm walking or hiking shoes (winter boots)

What to bring:

Backpacking pack* (big enough for your personal equipment as well as your share of group gear and food)

Sleeping Pad*

Sleeping Bag appropriate for the temperatures*

2 liter-sized water bottles

Headlamp or flashlight*

Wool or synthetic socks for each day plus a spare pair (avoid cotton)

Rain gear* (no umbrellas)

Plastic bowl and eating utensil* (Tupperware works well)

Clothing appropriate for the weather (synthetics are best, *cotton is strongly discouraged* except for t-shirts/underwear)

Good shoes or boots

Sunscreen

VERY minimal necessary toiletries (contact solution, toothbrush etc)

Lunch/snacks for the first day

Optional knife

*These items are available to rent individually or you can rent all of them by paying the additional \$10 gear fee

When/Where: Meet at Skyline Fitness Center at 8am. We will go over equipment and pack up here and then drive out to the trail. We will spend the day hiking and camp for the evening. We will finish the hike the following morning and return to campus on Sunday afternoon.