

George Mason University Aquatic & Fitness Center, Recreational Pool Schedule Spring 2019 (March 4-10)							
AA- Aerobics		Open Lap Swimming	Mason Life				
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline				
<b>MONDAY (March 4)/WEDNESDAY(March 6)</b>							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12	Swim Class 9a-10:15a (3/20-5/6)						
1							
2							
3							
4							
5	Aqua Aerobics						
6							
7							
8							
9							
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						
<b>TUESDAY(March 5)/ THURSDAY(March 7)</b>							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9	Swim Class 9a-10:15a (1/22-3/10)						
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
8							Log Rolling - Tues only
9							
9:30	POOL CLOSSES AT 9:30p -- Facility closes at 10p						

FRIDAY (March 8)							
LANES	1	2	3	4	5	6	Ramp
AM 6							
7							
8							
9							
10							
11							
PM 12							
1							
2							
3							
4							
5							
6							
7							
7:30	POOL CLOSSES AT 7:30p -- Facility closes at 8p						
<b>SATURDAY (March 9)</b>							
LANES	1	2	3	4	5	6	Ramp
AM 8							
9							
10	MAKO						
11	9:45a-11:15a						
PM 12							
1							
2							
3	Streamline						
4	2:30p-5:30p						
5							
5:30	POOL CLOSSES AT 5:30p -- Facility closes at 6p						
<b>SUNDAY (March 10)</b>							
LANES	1	2	3	4	5	6	Ramp
AM 8							
9							
10							
11	CCF 11a-1p						
PM 12							
1							
2	Swim Smart						
3	2p-3p						
4	An Nam 3p-4:30p						
5							
6							
7							
7:30	POOL CLOSSES AT 4:30p -- Facility closes at 5p						