

OUTDOOR ADVENTURES

Trip descriptions

ALL TRIPS START AND END AT SKYLINE FITNESS CENTER ON THE FAIRFAX CAMPUS. TRIPS TYPICALLY MEET BETWEEN 7:30 AND 8AM; THE PRE-TRIP E-MAIL WILL GIVE YOU THE SPECIFIC MEETING TIME. TRANSPORTATION IS PROVIDED FOR ALL TRIPS.

Introduction to Hammock Camping

Date: September 6-7 2019 **Type:** Overnight Camping **Price:** \$25

Come hang with us on this fun and relaxing camping trip. Learn some tips and tricks to hammock camping! Bring your own hammock, or use one of ours. We will teach you how to set up and how to camp with a hammock instead of a tent.

Billy Goat Trail

Date: September 7th 2019 **Type:** Day Hike **Price:** \$10

There are many variations to this hike so distance can change based on weather conditions and group mood but plan on an approximately 9 mile hike. There is very little elevation change on this hike (meaning few hills) but Section A is quite rugged.

Stand Up Paddleboarding

Date: September 8th 2019 **Type:** Water (SUP) **Price:** \$20

Enjoy a day on the water! Using Outdoor Adventures inflatable paddleboards, you will be paddling on the Occoquan River. Paddle with friends and have lunch along the way.

Burke Lake Cycle Camping

Date: September 13-14 2019 **Type:** Cycling Overnight Camping **Price:** \$35

So what is bikepacking? Simply put, it's backpacking with a bike. Mason Outdoor Adventures has a small fleet of bikes that have been specially equipped to be able to hold enough gear for an ultralight overnight. Put everything you need into the bags on your bike, and pedal until you reach a campsite! We provide the bikes and the helmets. You can bring your own bike but it will need to have a way to carry equipment such as racks and panniers, or your own bikepacking style setup. This will be an introductory trip at Burke Lake to get folks accustomed to this style of ultralight bike touring.

Women's Intro to Backpacking

Date: September 14-15 2019 **Type:** Overnight Backpacking **Price:** \$30 or \$40 with equipment rental

We are leading a women-only introductory backpacking trip through beautiful Shenandoah National Park. This will be a beginner level 7.4 mile loop along the Laurel Prong and Hazeltop trails. The hike features mountain heights, cascading streams, waterfalls, and the Rapidan Camp Historic Site.

Mary's Rock Day Hike

Date: September 14 2019 **Type:** Day Hike **Price:** \$10

This is an easy/moderate about 4 mile hike with rewarding views of the Shenandoahs. The group will hike along the Appalachian Trail to Mary's Rock! We plan to eat a snack and/or lunch at the top of Mary's Rock at the overlook. Then return back to campus.

Wandering Wednesday Bike & Packrafting

Date: September 18 2019 **Type:** Cycling & Packraft **Price:** \$5

We will be departing at 4 PM from campus on bikes, then ride to a local lake with our packrafts. We will then inflate the boats and paddle around for a bit before riding back to campus. We provide the bikes, helmets, and packrafts. You can bring your own bike but it will need to have room to strap the packrafts to the handlebars.

Rock Climbing

Date: September 21 2019 **Type:** Climbing **Price:** \$20

Come climb along the Potomac with us. This outdoor climbing trip will cover the basics of outdoor climbing and is appropriate for new climbers to intermediate outdoor climbers.

Duncan Knob Hike

Date: September 22 2019 **Type:** Day Hike **Price:** \$10

We'll be heading out to Massanutten Range in the Shenandoah Valley to hike the Gap Creek, and Duncan Knob trails. This out and back hike has beautiful views of the surrounding countryside from Duncan Knob. Distance could be between 7 & 12 miles.

Wandering Wednesday Bike & Packrafting

Date: September 25 2019 **Type:** Cycling & Packraft **Price:** \$5

We will be departing at 4 PM from campus on bikes, then ride to a local lake with our packrafts. We will then inflate the boats and paddle around for a bit before riding back to campus. We provide the bikes, helmets, and packrafts. You can bring your own bike but it will need to have room to strap the packrafts to the handlebars.

Packrafting & Backpacking Combo

Date: September 28-29 2019 **Type:** Overnight Backpacking & Packrafting **Price:** \$50

This is a challenging and rewarding trip. Day 1 Hike about 9 miles. Lunch will be along the way. Eat dinner at the campsite and camp overnight. Day 2 will hike to the water and Inflate boats. Then paddle back, about 8 miles, to the starting point.

Old Rag Hike

Date: October 5 2019 **Type:** Day Hike **Price:** \$20

Old Rag is a moderately difficult 6 hour hike that offers spectacular views of the Shenandoah Mountains both at the summit and along the way. It covers everything from shaded forest trails to summit rock scrambling.

Shenandoah Waterfall Hike

Date: October 6 2019 **Type:** Day Hike **Price:** \$15

White Oak Canyon and Cedar Run form a beautiful loop hike with frequent waterfall views. We will stop by one of the falls for lunch along the way.

Wandering Wednesday

Date: October 9 2019 **Type:** TBD **Price:** \$5

This Wednesday we will be heading to Burke Lake! Hike the 5 mile loop around lake and see the activities that this local park has to offer.

Day Hike

Date: October 12 2019 **Type:** Day Hike **Price:** \$10

This will be an easy hike with distances between 2-8 miles at a local hiking area.

Outdoor Film Festival

Date: October 12 2019 **Type:** Student Event **Price:** FREE

We are excited to announce the AORE Campus Challenge, an inclusive and diverse event showcasing students in the outdoors! This kick off film festival will showcase No Man's Land, a 90 minute long collection of short films, music videos, and psych footage from some of the strongest, most cutting edge women of the outdoor industry. From climbing, to slack lining, mountain biking, and snowboarding, join us to see some of the gnarliest footage you will see this year from some of the biggest names in the industry!

Rock Climbing

Date: October 13 2019 **Type:** Day Climbing Trip **Price:** \$20

Have the latest rock climbing films gotten you stoked on the vertical world? If so then our climbing day trip will be sure to have your hands sweating, and your heart pounding as we scale the cliffs of some of the East Coast classics from Virginia, to Maryland, and West Virginia. No experience is necessary, and we provide all of the gear so join us for a day of getting tied in and climbing up the wall!

Full Moon Canoe and Packraft

Date: October 13 2019 **Type:** Day (at night) Paddling Trip **Price:** \$20

Spend the evening enjoying a full harvest moon while paddling some of the finest flat water in Virginia. No experience or skill is needed, just bring your adventurous spirit, and your late-night energy to see one of the brightest moons of the year!

C&O Canal BIKEpacking Trip

Date: October 19-20 2019 **Type:** Overnight Cycling **Price:** \$50

So what is bikepacking? Simply put, it's backpacking with a bike. Mason Outdoor Adventures has a small fleet of bikes that have been specially equipped to be able to hold enough gear for an ultralight overnight. Bags have been made to fit the frame, handlebars, and seats specifically for our bikepacking trips. Put everything you need into the bags on your bike, and pedal until you reach a campsite!

Appalachian Trail Day Hike

Date: October 19 2019 **Type:** Day Hike **Price:** \$10

Join us for a day hike adventuring on the famous Appalachian Trail in scenic mountains of Virginia, Maryland, or Pennsylvania. All skill levels are welcomed and we can outfit all of the needed gear, so make sure to sign up before spots fill up!

Halloween Costume Night Hike

Date: October 26 2019 **Type:** Night Hike **Price:** \$10

Get ready to be spooked as we take a chilling stroll through creepy hollows, past abandoned barns and haunted cemeteries. Once the sun goes down, we will venture into the Shenandoah Valley by the light of headlamps to find our way from the vans, to the great beyond and back.

Women's Rock Climbing

Date: October 27 2019 **Type:** Climbing **Price:** \$20

Adventure alongside like-minded guides, and explorers during our Womens Rock Climbing Weekend. No experience or skill necessary, just bring your energy and excitement as you join an amazing group of slaydies as you crush rocks at one of many great East Coast climbing locations.

Louden Heights Hike

Date: November 2 2019 **Type:** Day Hike **Price:** \$10

During our day hike to Loudon Heights, we will adventure through the scenic forests and overlooks of Harper's Ferry, bordering Virginia, Maryland, and West Virginia. With fall in full swing the foliage will be a dream come true, as we wonder through some of the finest views in the East Coast.

Family Weekend Great Falls Hike

Date: November 9 2019 **Type:** Day Hiking **Price:** \$10

Find your home along the trails, walking with family and enjoying white-water views as you spend the weekend getting steps along the banks of the Potomac River. This mellow hike is great for new and seasoned adventurers alike so come ready to enjoy a nice fall day in Great Falls Park.

Family Weekend Family Bike Tour D.C.

Date: November 9 2019 **Type:** Day Biking Trip **Price:** \$15

The OA makes family weekend even better with a bike tour of historic Washington, D.C. Let our guides take you from suburban statues to grassy parks all in a day of discovery around the Nation's Capital.

Appalachian Trail Day Hike

Date: November 10 2019 **Type:** Day Hike **Price:** \$10

Join us for a day hike adventuring on the famous Appalachian Trail in scenic mountains of Virginia, Maryland, or Pennsylvania. All skill levels are welcome and we can outfit all of the needed gear, so make sure to sign up before spots fill up!

Day Hike

Date: November 6 2019 **Type:** Day Hike **Price:** \$10

This will be an easy/moderate hike with distances between 2-10 miles at a local hiking area.