George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
2019-2020 (December 2-December 8)

AN - An Nam	MK- Mako	GM - G. Mason	PM- Pot. Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int'l Country Club	ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

MONDAY, December 2

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
5	Mako 5a-6:30a								5	Mako 5a-6:30a		Mako 5:15a-6:30a						5	TS 5:15a-6:30a			
6									6							6-6:45a open		6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a						Varsity 6:45-8a		6:30	Open Swim 6:45a-8a			
7									7									7				
8									8							8-8:30a open		8				
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a			
9									9									9				
10									10									10				
11									11	Masters 11:30a-1p					Open Swim 11a-1p			11				
12	Varsity Swim 12:30p-5p								12									12				
1									1									1				
2									2	Varsity Swim 2:30p-5p								2				
3									3									3				
4									4									4				
5	Mako 5p-8:15p								5	Mako 5p-7:15p						Open Swim 5p-9:30p		5				
5:30									5:30									5:30				
6									6					FA 6:30p-8p				6	MDA 6p-8:30p (access 5:15p, on deck 5:30p)			
7									7	FFX Foxes 7:30p-9:30p								7				
8									8									8				
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

TUESDAY, December 3

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
5	Mako 5a-6:30a								5	Mako 5a-6:30a		Mako 5:15a-6:30a						5	TS 5:15a-6:30a			
6									6									6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a						Open Swim 6a-8:30a		6:30				
7									7									7				
8									8									8				
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a			
9									9									9				
10									10									10				
11									11	Open Swim 11a-1p								11				
12	Varsity Swim 12:30p-5p								12									12				
1									1									1				
2									2	Varsity Swim 2:30p-5p								2				
3									3									3				
4									4									4				
5	Mako 5p-7p								5	Mako 5p-7:30p						Open Swim 5p-9:30p		5				
5:30									5:30									5:30				
6									6									6	MDA 6p-8:30p (access 5:15p, on deck 5:30p)			
7	Masters Swim Team 7p-8:30p								7	Club Swim 7:30p-9p			FFX Foxes 7:30p-8:30p					7				
8	UWH 8:30p-10p								8				FFX Foxes 8:30p-9:30p					8				
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

** Note swimmers on deck 2p T/Th -- water time closer to 3p

Wednesday, December 4

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
5	Mako 5a-6:30a								5	Mako 5a-6:30a		Mako 5:15a-6:30a						5	TS 5:15a-6:30a			
6									6							6-6:45a open		6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a						Varsity 6:45-8a		6:30	Open Swim 6:45a-8a			
7									7									7				
8									8							8-8:30a open		8				
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a			
9									9									9				
10									10									10				
11									11	Masters 11:30a-1p					Open Swim 11a-1p			11				
12	Varsity Swim 12:30p-5p								12									12				
1									1									1				
2									2	Varsity Swim 2:30p-5p								2				
3									3									3				
4									4									4				
5	Mako 5p-8:15p								5	Mako 5p-7:15p						Open Swim 5p-9:30p		5				
5:30									5:30								Paddleboard 5:30p-7p	5:30				
6									6									6	MDA 6p-8:30p (access 5:15p, on deck 5:30p)			
7									7	Shark Tank 7:15-9:15p		SS 7:15-ST	FFX Foxes 7:15p-9:30p					7				
8									8									8	8:30-10pm RECR 161 (SCUBA)			
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

Shank Tank will have lane 11 from 8:15p-9:15p on Wednesdays

Thursday, December 5

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
5	Mako 5a-6:30a								5	Mako 5a-6:30a		Mako 5:15a-6:30a						5	TS 5:15a-6:30a			
6									6									6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a						Open Swim 6a-8:30a		6:30	GMU-D in water 7:30a-8:30a and on deck 7a-7:30a			
7									7									7				
8									8									8				
8:30	Meet Set up								8:30	Meet Set up								8:30				
9									9									9				
10									10									10				
11									11									11				
12	Varsity 12:30p-3:45p								12	Varsity 12:30p-3:45p								12				
1									1									1				
2									2									2				
3									3									3				
4	Sports Fair meet -- swimmer access 3:30p, on deck access 3:45p -- warms ups 4p-4:50p, meet 5p-7:30p								4	Sports Fair meet -- swimmer access 3:30p, on deck access 3:45p -- warms ups 4p-4:50p, meet 5p-7:30p												
5									5													
5:30									5:30													
6									6													
7									7													
8	Meet clean up 7:30p-8:30p								8	Meet clean up 7:30p-8:30p												
9																						
9:30																						
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

** Note swimmers on deck 2p T/Th -- water time closer to 3p

FRIDAY, December 6

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
5	Varsity 5:30a-7:15a, access 5:15a								5	Varsity 5:30a-7:15a, access 5:15a												
6									6													
6:30									6:30													
7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p								7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p												
8									8													
8:30									8:30													
9									9													
10									10													
11									11													
12									12													
1									1													
2									2													
3									3													
4	Sport Fair Session 3 -- swimmer access 4p, warm ups 4:30p, meet 5:40p-8:30p								4	Sport Fair Session 3 -- swimmer access 4p, warm ups 4:30p, meet 5:40p-8:30p												
5									5													
5:30									6													
6									7													
7	Meet clean up 8:30p-9:30p								8	Meet clean up 8:30p-9:30p												
7:30									9									9				
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p			

SATURDAY, December 7

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
6	Varsity 5:30a-7:15a, access 5:15a								6	Varsity 5:30a-7:15a, access 5:15a												
7									7													
8	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p								8	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p												
9									9													
10									10													
10:30									10:30													
11									11													
12									12													
1									1													
2									2													
3	Sport Fair Session 3 -- swimmer access 4p, warm ups 4:30p, meet 5:40p-8:30p								3	Sport Fair Session 3 -- swimmer access 4p, warm ups 4:30p, meet 5:40p-8:30p												
4									4													
5									5													
6									6													
	Meet clean up 8:30p-9:30p																					

SUNDAY, December 8

LANES	1	2	3	4	5	6	7	8		9	10	11	12	13	14	15	16		17	18	19	20
7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p								7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-4p												
8									8													
9									9													
9:30									9:30													
10									10													
11									11													
12									12													
1									1													
2									2													
3									3													
4	Sport Fair Session 3 -- swimmer access 4p, warm ups 4:30p, meet 5:40p-8:30p								4	flip pool to practice set 3:30p-4:15p												
5									5	warm up/cool down 4:30p-8:30p								5	warm up/cool down 4:30p-8:30p			
6									6									6				
7									7									7				
7:30	Meet clean up 8:30p-10:30p								7:30	Meet clean up 8:30p-10:30p								7:30	meet clean up 8:30p-10:30p			
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p			