

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
February 17-February 23 (Varsity at A10s)

AN - An Nam	MK- Mako	GM - G. Mason	PM- Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int' Country Club	ST- Shark Tank	
Closed	Univ Clubs	Open Lap	Lane Rentals	Class	

MONDAY, February 17

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20				
5	Mako 5a-6:30a								5	Mako 5a-6:30a	Mako 5:15a-6:30a				5	FFX Foxes 5a-6:30a								
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a				6:30	Open Swim 6:45a-8a									
7	Varsity Swim 12:30p-2p								7	Masters 11:30a-1p				7	Open Swim 11a-1p									
8	Mako 5p-8:15p								8	Mako 5p-7:15p				8	Open Swim 5p-9:30p									
9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p									

TUESDAY, February 18

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5	Mako 5a-6:30a								5	Mako 5a-6:30a	Mako 5:15a-6:30a				5	FFX Foxes 5a-6:30a									
6:30	Open Swim								6:30	Open Swim 6a-8:30a				6:30	Open Swim 11a-1p										
5:30	Mako 5p-7p								5:30	Mako 5p-7:30p				5:30	Open Swim 5p-9:30p				5:30	MDA 6p-8:30p (access 5:15p, on deck 5:30p)					
9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p				9:30	Facility closes at 10p					

Wednesday, February 19

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5	Mako 5a-6:30a								5	Mako 5a-6:30a	Mako 5:15a-6:30a				5	FFX Foxes 5a-6:30a									
6:30	Open Swim								6:30	Open Swim 6a-8:30a				6:30	Open Swim 11a-1p										
5:30	Mako 5p-8:15p								5:30	Mako 5p-7:15p				5:30	Open Swim 5p-9:30p				5:30	MDA 6p-8:30p (access 5:15p, on deck 5:30p)					
9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p				9:30	Facility closes at 10p					

Shark Tank will have lane 11 from 8:15p-9:15p on Wednesdays

Thursday, February 20

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a	Mako 5:15a-6:30a				5	FFX Foxes 5a-6:30a									
6:30	Open Swim								6:30	Open Swim 11a-1p				6:30	Open Swim 5p-8:30p				6:30	MDA 6p-8:30p (access 5:15p, on deck 5:30p)					
5:30	Mako 5p-7p								5:30	Mako 5p-7:30p				5:30	Open Swim 5p-8:30p				5:30	MDA 6p-8:30p (access 5:15p, on deck 5:30p)					
9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p				9:30	Facility closes at 10p					

** Note swimmers on deck 2p T/Th -- water time closer to 3p

FRIDAY, February 21

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	17	18	19	20				
6:30	Mass Warm ups 7:15a-8:45a (swimmer access 6:30a)								6:30	Mass Warm ups 7:15a-8:45a (swimmer access 6:30a)				6:30	Mass Warm Ups								
8:30	VHSL 5A Prelims 9a-12p								8:30	Warm up/Cool Down 9a-12:30p				8:30	Warm up/cool down 9a-12:30p								
5:30	VHSL 5A Finals 6p-9p								5:30	Mass Warm ups 4p-5:45p (swimmer access 3:30p)				5:30	Mass Warm Ups								
7:30	Meet Clean up 9p-10p								7:30	Meet Clean up 9p-10p				7:30	Meet Clean up 9p-10p								

SATURDAY, February 22

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	17	18	19	20				
6:30	Mass Warm ups 7:15a-8:45a (swimmer access 6:30a)								6:30	Mass Warm ups 7:15a-8:45a (swimmer access 6:30a)				6:30	Mass Warm Ups								
9:30	VHSL 6A Prelims 9a-12p								9:30	Warm up/Cool Down 9a-12p				9:30	Warm up/cool down 9a-12p								
5:30	VHSL 6A Finals 6p-9p								5:30	Mass Warm ups 4p-5:45p (swimmer access 3:30p)				5:30	Mass Warm Ups								
7:30	Meet Clean up 9p-10:30p								7:30	Meet Clean up 9p-10:30p				7:30	Meet Clean up 9p-10:30p								

SUNDAY, February 23

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	17	18	19	20				
9:30	9a-10:30a Masters Swim Team								9:30	Open Swim 9a-1p				9:30	MDA 10a-1p (access 9:15a, on deck 9:30a)								
11	Country Club Fairfax 11a-1p				11	FFX Foxes 10:30a-12p				11	Open Swim 3:30p-7:30p				11	Flow motion FITT 5:30p-7p (set up 5n)							
7	UWH - 6p-8p				7	Shark Tank 6p-8p				7	Shark Tank 6p-8p				7	Facility closes at 8p							