



BEGINNER'S CYCLING SERIES



Beginner's Cycling Series: This class is for anyone new to indoor cycling classes! Our instructor Jen will teach you all of the basics and have you prepared to take our regular cycling classes within 3 sessions!

LOCATION:

Aquatic & Fitness Center
(AFC) Cycling Room

PRICES:

Students - \$30

Faculty/Staff and Community
Members - \$45

DATES:

THURSDAYS,
September 2, 9, and 16
from 12:15 p.m. - 1:15 p.m.



FOR MORE INFORMATION VISIT:
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