

**George Mason University**  
**Aquatic & Fitness Center, Recreational Pool Schedule**  
**Fall 2021 (November 1-November 21)**

AA- Aerobics	CCF-Country Club of Ffx	AN - AnNam	Open Lap Swimming	MK - Mako	Mason Life	Streamline	
<b>MONDAY</b>							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Beginning Swim 12p-1:15p (8/23-12/15)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p		Mako 5p-6:45p				
6:00 PM	FFX Foxes 7:15p-9p			Club Log Rolling 7:30p-9:30p			
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSES AT 7 PM						
<b>TUESDAY</b>							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/11-11/27)						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/23-12/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p		Mako 5p-6:45p				
6:00 PM	Shark Tank 7:30p-9p						
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSES AT 7 PM						
<b>WEDNESDAY</b>							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p		Mako 5p-6:45p				
6:00 PM	FFX Foxes 7:15p-9p						
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSES AT 7 PM						

<b>THURSDAY</b>							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/11-11/27)						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/23-12/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p		Mako 5p-6:45p				
6:00 PM							
7:00 PM	Trinity 7p-9p						
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSES AT 7 PM						
<b>FRIDAY</b>							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	FFX Aquatics 5:30p-7:30p						
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSES AT 7 PM						
<b>SATURDAY</b>							
LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM							
10:00 AM	Streamline 10a-12p						
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM	POOLS CLOSE AT 1 PM - FACILITY CLOSES AT 1:30 PM						
<b>SUNDAY</b>							
LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM							
10:00 AM	Swim Smart 10:30a-11:30a						
11:00 AM	CCF 11:30a-12:30p						
12:00 PM				Club Log Rolling 12p-2p			
1:00 PM							
2:00 PM							
3:00 PM	An Nam 3p-4p						
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 1 PM - FACILITY CLOSES AT 1:30 PM						