

George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall 2021 (October 4-October 10)

AA- Aerobics		Open Lap Swimming	Mason Life
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline

MONDAY, October 4

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Beginning Swim 12p-1:15p (8/23-12/15)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p	Mako 5p-6:45p					
6:00 PM							
7:00 PM							
8:00 PM						Club Log Rolling 7:30p-9:30p	
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSURES AT 7 PM						

TUESDAY, October 5

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/11-11/27)						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/23-12/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p	Mako 5p-6:45p					
6:00 PM							
7:00 PM	Shark Tank 7:30p-9p						
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSURES AT 7 PM						

WEDNESDAY, October 6

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p	Mako 5p-6:45p					
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSURES AT 7 PM						

THURSDAY, October 7

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/11-11/27)						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/23-12/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p	Mako 5p-6:45p					
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSURES AT 7 PM						

FRIDAY, October 8

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	FFX Aquatics 5:30p-7:30p						
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 6:30 PM - FACILITY CLOSURES AT 7 PM						

SATURDAY, October 9

LANES	1	2	3	4	5	6	Ramp
8:15 AM					Swim Lessons 8:15a-1p		
9:00 AM							
10:00 AM	Streamline 10a-12p						
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM	POOLS CLOSE AT 1 PM - FACILITY CLOSURES AT 1:30 PM						

SUNDAY, October 10

LANES	1	2	3	4	5	6	Ramp
8:15 AM					Swim Lessons 8:15a-12p		
9:00 AM							
10:00 AM	Swim Smart 10:30a-11:30a						
11:00 AM							
12:00 PM	CCF 11:30a-12:30p				Club Log Rolling 12p-2p		
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 1 PM - FACILITY CLOSURES AT 1:30 PM						