

**George Mason University
Aquatic & Fitness Center, Competition Pool Schedule**

2021-2022 (January 10 - January 16)

AN - An Nam	MK- Mako	GM - G. Mason	PM- Pot. Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int'l Country Club	ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

MONDAY, January 10

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20				
5									5								5							
6									6								6							
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30					6:30	
7									7									7					7	
8									8									8					8	
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a				8:30	
9									9									9					9	
10									10									10					10	
11									11	Varsity Swim 12:30p-4:45p				11	Varsity 12:30p				11	Open swim 11a-1p				
12									12	Varsity Swim 1:15p-4:45p								12					12	
1									1									1					1	
2									2									2					2	
3									3									3					3	
4									4									4					4	
5	Mako 5p-8:15p				5	Mako 5p-7:30p				5	Mako 5p-6:45p				5					5				
5:30									5:30					5:30					5:30	MDA 6p-8:30p, on deck 5:30p, access 5:15p				
6									6									6					6	
7									7									7					7	
8									8									8					8	
9									9									9					9	
9:30									9:30									9:30					9:30	
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p					

TUESDAY, January 11

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5									5								5								
6									6								6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30					6:30		
7									7									7					7		
8									8									8					8		
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a				8:30		
9									9									9					9		
10									10									10					10		
11									11	Varsity Swim 12:30p-4:45p				11	Varsity Swim 12:30p-4:45p				11					11	
12									12									12					12		
1									1									1					1		
2									2									2					2		
3									3									3					3		
4									4									4					4		
5	Mako 5p-7p				5	Mako 5p-7p				5	FFX Aquatics 5p-7p				5					5					
5:30									5:30					5:30					5:30	MDA 6p-8:30p, on deck 5:30p, access 5:15p					
6									6									6					6		
7	Masters Swim Team 7p-8:30p								7	Swim Smart 7p-8p				7	Foxes 7p-9:30p				7					7	
8									8									8					8		
9									9									9					9		
9:30									9:30									9:30					9:30		
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p						

Wednesday, January 12

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20				
5									5								5							
6									6								6							
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30					6:30	
7									7									7					7	
8									8									8					8	
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a				8:30	
9									9									9					9	
10									10									10					10	
11									11	Varsity Swim 12:30p-4:45p				11	Varsity 12:30p				11	Open swim 11a-1p				
12									12	Varsity Swim 1:15p-4:45p								12					12	
1									1									1					1	
2									2									2					2	
3									3									3					3	
4									4									4					4	
5	Mako 5p-8:15p				5	Mako 5p-7:30p				5	Mako 5p-6:45p				5					5				
5:30									5:30					5:30					5:30	MDA 6p-8:30p, on deck 5:30p, access 5:15p				
6									6									6					6	
7									7									7					7	
8									8									8					8	
9									9									9					9	
9:30									9:30									9:30	Shark Tank 7:30p-9:30p				9:30	
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p					

Thursday, January 13

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5									5								5								
6									6								6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30					6:30		
7									7									7					7		
8									8									8					8		
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a				8:30		
9									9									9					9		
10									10									10					10		
11									11	Varsity Swim 12:30p-4:45p				11	Varsity Swim 12:30p-4:45p				11					11	
12									12									12					12		
1									1									1					1		
2									2									2					2		
3									3									3					3		
4									4									4					4		
5	Mako 5p-7p				5	Mako 5p-7p				5	FFX Aquatics 5p-7p				5					5					
5:30									5:30					5:30					5:30	MDA 6p-8:30p, on deck 5:30p, access 5:15p					
6									6									6					6		
7	Masters Swim Team 7p-8:30p								7	Shark Tank 7p-8:30p				7	Foxes 7p-9:30p				7					7	
8									8									8					8		
9									9									9					9		
9:30									9:30									9:30					9:30		
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p						

****Note swimmers on deck 2p 1/1h -- water time closer to 3p**

FRIDAY, January 14

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5									5								5								
6									6								6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30					6:30		
7									7									7					7		
8									8									8					8		
8:30									8:30									8:30	GMU-D in water 8:30a-11a and on deck 8a-8:30a				8:30		
9									9									9					9		
10									10									10					10		
11									11	Varsity Swim 12:30p-4:45p				11	Varsity 12:30p				11					11	
12									12	Varsity Swim 1:15p-4:45p								12					12		
1									1									1					1		
2									2									2					2		
3									3									3					3		
4									4									4					4		
5	Mako 5p-6:30p				5	Mako 5p-6p				5								5							
5:30									5:30					5:30					5:30	Masters Swim 6p-7:30p					
6									6									6					6		
7									7	Shark Tank 7p-8:30p (Jan 7, 14, 21)				7	FFX Foxes 6p-9:15p				7					7	
7:30									7:30									7:30					7:30		
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p						

SATURDAY, January 15

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20											
	Varsity Swim 6:30a-8:30a									Varsity Swim 6:30a-8:30a																					
	Mako Meet 8:50a-7p (access 8:40a)									Mako Warm up #1 8:50a-9:10a (access 8:40a)																					
	Session #1 9:15a-12:25p					Session #2 12:50p-4:20p					Session #3 4:45p-7p					warm up/cool down 9:15a-12:25p					Master's 10:30a-12p										
																			Mako Warm up #2 12:25p-12:45p									Masters Swim 10:30a-12p			
																			warm/cool 12:50-4:20p												
																			Mako Warm up #3 4:20p-4:40p												
																			warm up/cool down 4:45p-7p												
																			Clean up 7p-8:30p												

SUNDAY, January 16

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20											
										Mako Warm up #1 7:40a-8a (access 7:30a)																					
										warm up/cool down 8:05a-10:15a					Masters Swim 8:30a-10a					Masters Swim 8:30a-10a											
										Mako Meet 7:40a-6p (access 7:30a)									Mako Warm up #2 10:15a-10:35a												
	Session #1 8a-10:15a					Session #2 10:40a-2:25p					Session #3 2:50p-6p					warm /cool 10:40a-2:25p					MDA 6p-8:30p, on deck 10:15a, access 9:45a										
																			Mako Warm up #3 2:25p-2:45p												
																			warm up/cool down 2:45p-6p												
																			Clean up 6p-8p												