

George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall 2022 (November 28-December 4)

MONDAY, November 28

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Beginning Swim 12p-1:15p (8/22-12/14) - Sue						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM		Mako 5p-7p					
6:00 PM							
7:00 PM							
8:00 PM					Club Log Rolling 7:30p-9:30p		
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

TUESDAY, November 29

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/12-11/29) - Fred						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/22-12/3)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM					Drop In Log Rolling 8p-9p		
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

WEDNESDAY, November 30

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM		Mako 5p-7p					
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

THURSDAY, December 1

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM	Beginning Swim 9a-10:15a (10/12-11/29) - Fred						
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/22-12/3)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	CLOSED FOR SPORTS FAIR SWIM MEET 4p-6:30p						
5:00 PM	CLOSED FOR SPORTS FAIR SWIM MEET 4p-6:30p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

FRIDAY, December 2

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
8:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
9:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
10:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
11:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM						

SATURDAY, December 3

LANES	1	2	3	4	5	6	Ramp
8:15 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
9:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
10:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
11:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM	POOLS CLOSE AT 5:30 PM - FACILITY CLOSES AT 6 PM						

SUNDAY, December 4

LANES	1	2	3	4	5	6	Ramp
8:15 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
9:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
10:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
11:00 AM	CLOSED FOR SPORTS FAIR SWIM MEET 7:30a-12p						
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM						