

# Outdoor Adventure Trips

Spring 2023



## February

04

White Grass  
Cross Country  
Skiing Trip

10

Sportrock  
Indoor  
Climbing

11

Mindfulness  
Hike at  
The EDGE



## March

03

Climbing or  
bouldering  
TBD

04

Shenandoah  
Day Hike

13-17

Wilderness  
First  
Responder

18-19

Wilderness  
First Aid

31

Climbing or  
bouldering  
TBD



## April

01

Local  
Outdoor  
Excursion

15

Grad Life Rock  
Climbing at  
Great Falls  
(Register through  
Grad Life office)

22-23

C&O Canal  
Bikepacking  
Trip



## May

06

Local  
Hike

Scan for pricing  
& registration:



Questions? Contact us at  
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Connect with us: [Recreation.gmu.edu](http://Recreation.gmu.edu) | [@GeorgeMasonRec](https://www.instagram.com/GeorgeMasonRec)

