

**George Mason University**  
**Aquatic & Fitness Center, Competition Pool Schedule**  
**2023-2024 (November 6-February 15)**

AN - An Nam	MK- Mako	GM - G. Mason	PM - Pot. Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int'l Country Club	ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

**MONDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a			
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
8:30									8:30									8:30					8:30	GMU-D in water 8:20a-11a and on deck 7:50a			
11	Varsity Swim 12:30p-4:45p								11	Varsity 12:30p				11	Open swim 11a-1p				11								
12									12	Varsity Swim 1:15p-4:45p								12					12				
5:30	Mako 5p-8:15p								5:30	Mako 5p-7p				5:30	Open Swim 5p-7p				5:30	Centreville Swim Club 5p-7p							
6									6	Club Swim 7:30p-9p				6	FFX Foxes 7p-9:15p				6	FFX Foxes 7p-9:15p							
9:30	Facility closes at 10p								9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p			

**TUESDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20								
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a				
6:30	Varsity Make up swim 6:30a-8:30a								6:30									6:30	Open Swim 6:15a-8:30a				6:30					
8:30									8:30									8:30					8:30	GMU-D in water 8:20a-11a and on deck 7:50a				
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p				12					
5:30	Mako 5p-7p								5:30	Mako 5p-7p				5:30	FFX Aquatics 5p-7p				5:30	Centreville Swim Club 5p-6p								
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9:15p								7					7					
8	UWH 8:30p-10p								8					8					8					8				
9:30	Facility closes at 10p								9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p				

**Wednesday**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a				5	Trinity 5a-6:15a				5								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
8:30									8:30									8:30					8:30	GMU-D in water 7:45a-11a and on deck 7:15a			
11	Varsity Swim 12:30p-4:45p								11	Varsity 12:30p				11	Open swim 11a-1p				11								
12									12	Varsity Swim 1:15p-4:45p								12					12				
5:30	Mako 5p-8:15p								5:30	Mako 5p-7p				5:30	Open Swim 5p-7p				5:30	Centreville Swim Club 5p-7p							
6									6	Shark Tank 7p-9p				6	FFX Foxes 7p-9:15p				6	FFX Foxes 7p-9:15p							
9:30	Facility closes at 10p								9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p			

**Thursday**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20								
5	Mako 5a-6:30a								5	Mako 5a-6:30a				5	Trinity 5a-6:15a				5	Trinity 5a-6:15a								
6:30	Varsity Make up swim 6:30a-8:30a								6:30									6:30	Open Swim 6:15a-8:30a				6:30					
8:30									8:30									8:30					8:30	GMU-D in water 8:20a-11a and on deck 7:50a				
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p				12	Varsity Swim 12:30p-2:30p				
5:30	Mako 5p-7p								5:30	Mako 5p-7p				5:30	FFX Aquatics 5p-7p				5:30	Centreville Swim Club 5p-6p								
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9p								7					7					
8									8	Club Swim 8p-9:30p				8					8					8				
9:30	Facility closes at 10p								9:30	Facility closes at 10p								9:30	Facility closes at 10p				9:30	Facility closes at 10p				

**\*\*Note swimmers on deck 2p 1/1h -- water time closer to 3p**

**FRIDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a				5	FFX Aquatics 5p-6:30p				5								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
8:30									8:30									8:30					8:30	GMU-D in water 8:20a-11a and on deck 7:50a			
12	Varsity Swim 12:30p-4:45p								12	Varsity 12:30p				12	Open swim 11a-1p				12	Club Swim 11:30a-1p							
5:30	Mako 5p-6p								5:30	Mako 5p-6p				5:30	FFX Aquatics 5p-6:30p				5:30	FXA 5-6:30							
7	UWH 7:30p-9:30p								7	Mako 6p-6:30p				7	Foxes 6:30p-7:45p				7	Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)							
7:30	Facility closes at 8p								7:30	Facility closes at 8p								7:30	Facility closes at 8p				7:30	Facility closes at 8p			

**SATURDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
6									6									6					6				
8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a				8	GMU LONG COURSE 8a-10:30a			
10:30	10:30am-12pm Masters Swim Team								10:30	Mako 10:30a-12:15p								10:30					10:30				
6	Facility closes at 6p								6	Facility closes at 6p								6	Facility closes at 6p				6	Facility closes at 6p			

**SUNDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
7									7									7					7				
8	8:15a-9:45a Masters Swim Team								8									8					8				
9:30	Foxes 9:45a-12:15p								9:30									9:30					9:30				
11									11	CCF 11:30a-12:30p				11					11								
12									12					12	FFX Aquatics 12:30p-2:30p				12								
3									3	CSC 3p-4p				3					3								
4									4	An Nam 4p-5:30p				4					4								
5:30	UWH 5:30p-7:30p								5:30									5:30					5:30				
7:30	Facility closes at 8p								7:30	Facility closes at 8p								7:30	Facility closes at 8p				7:30	Facility closes at 8p			