

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
2023-2024 (February 19 - Feb 25)

AN - An Nam		MK- Mako		GM - G. Mason		FFX A - Fairfax Aquatics		MS - Masters	
FFX - Fairfax Foxes		SC-Swim Club		TS - Trinity School		UW- Underwater Hockey			
FISH - FISH		CCF - Country Club of Fairfax		MD - Dive Mason				ST- Shark Tank	
Closed		Univ Clubs		Open Lap		Lane Rentals		Class	

MONDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5								
6									6	FFX Aquatics 6:30a								6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:30a-8:30a							
7									7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11	Varsity Swim 12:30p-2:30p								11	Open swim 11a-1p							
12	Varsity Swim 12:30p-4:45p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p							
1									1									1								
2									2									2								
3									3									3	Scuba class - set up 1p-2p, class 2p-3:45p, clean up 3:45p-4p (1/22-4/28)							
4									4									4								
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6								
7									7	Club Swim 7:30p-9p								7	FFX Foxes 7p-9:15p							
8									8									8	FFX Foxes 7p-9:15p							
9									9									9								
9:30	9:30								9:30	9:30								9:30	9:30							
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

TUESDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5								
6									6									6								
6:30	Varsity Make up swim 6:30a-8:30a								6:30									6:30	Open Swim 6:15a-8:30a							
7									7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11								
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p							
1									1									1								
2									2									2								
3	Varsity Make up 2:30p-4:30p								3									3								
4									4									4								
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6	Nova Meteors 6:15p-9:15p							
7	Masters Swim Team 7p-8:30p								7									7	FFX Foxes 7p-9:15p							
8	UWH 8:30p-10p								8									8								
9									9									9								
9:30	9:30								9:30	9:30								9:30	9:30							
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Wednesday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5								
6									6									6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a							
7									7									7								
8									8									8	GMU-D in water 7:45a-11a and on deck 7:15a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11	Open swim 11a-1p								11	PV 11a-12p							
12	Varsity Swim 12:30p-4:45p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p							
1									1									1								
2									2									2								
3									3									3								
4									4									4								
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6	Centerville Swim Club 5p-7p							
7									7	Shark Tank 7p-9p								7	FFX Foxes 7p-9:15p							
8									8									8	FFX Foxes 7p-9:15p							
9									9									9								
9:30	9:30								9:30	9:30								9:30	9:30							
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Thursday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5								
6									6									6								
6:30	Varsity Make up swim 6:30a-8:30a								6:30									6:30	6:30							
7									7									7	Open Swim 6:15a-8:30a							
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11								
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p							
1									1									1								
2									2									2								
3	Varsity Make up 2:30p-4:30p								3									3								
4									4									4								
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6	Centerville Swim Club 5p-6p							
7	Masters Swim Team 7p-8:30p								7									7	FFX Foxes 7p-9p							
8									8									8	Club Swim 8p-9:30p							
9									9									9								
9:30	9:30								9:30	9:30								9:30	9:30							
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

**Note swimmers on deck 2p 1/1h -- water time closer to 3p

FRIDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5								
6									6	FFX Aquatics 6:30a								6								
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a							
7									7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11	Open swim 11a-1p							
12	Varsity Swim 12:30p-4:45p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p							
1									1									1								
2									2									2								
3	Varsity Make up 2:30p-4:30p								3									3								
4									4									4								
5	Mako 5p-6p								5	Mako 5p-6p								5	FFX Aquatics 5p-6:30p							
5:30	5:30								5:30	5:30								5:30	5:30							
6									6	Mako 6p-6:30p								6	Foxes 6:30p-7:45p							
7	UWH 7:30p-9:30p								7									7	Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)							
7:30	7:30								7:30	7:30								7:30	7:30							
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							

SATURDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
6									6									6								
7									7									7								
8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a							
9									9									9								
10									10									10								
10:30	10:30am-12pm Masters Swim Team								10:30	Mako 10:30a-12:15p								10:30	Nova Meteors 10:30a-1:30p							
11									11									11								
12	Special Olympics 12p-2p								12									12								
1									1									1								
2									2									2								
3									3									3								
4									4									4								
5									5									5								
6	Facility closes at 6p								6	Facility closes at 6p								6	Facility closes at 6p							

SUNDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
7									7									7								
8	8:15a-9:45a Masters Swim Team								8									8	Nova Meteors 8:30a-11:30a							
9									9									9								
9:30	Foxes 9:45a-12:15p								9:30									9:30	9:30							
10									10									10								
11									11	CCF 11:30a-12:30p								11								
12									12									12								
1									1									1								
2									2									2								
3									3	CSC 2:30p								3	CSC 3p-4p							
4									4									4	An Nam 4p-5:30p							
5									5									5								
6	UWH 5:30p-7:30p								6									6								
7									7									7								
7:30	7:30								7:30	7:30								7:30	7:30							
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							