

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
2023-2024 (February 5 - February 11)

AN - An Nam	MK- Mako	GM - G. Mason	PM- Pot. Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int'l Country Club	ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

MONDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a			
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
7									7									7					7				
8									8									8					8	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30									8:30	Open swim 8:30a-1p								8:30					8:30				
9									9									9					9				
10									10									10					10				
11	Varsity Swim 12:30p-4:45p								11	Varsity 12:30p								11	Intermediate Swim 12p - 1:15p				11				
12									12	Varsity Swim 1:15p-4:45p								12					12				
1									1									1	Scuba class - set up 1:15p-2p, class 2p-3:45p, clean up 3:45p-4p (8/21-12/13)				1				
2									2									2					2				
3									3									3					3				
4									4									4					4				
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p				5	Centreville Swim Club 5p-7p			
5:30									5:30									5:30					5:30				
6									6									6					6				
7									7									7					7				
8									8	Club Swim 7:30p-9p								8	FFX Foxes 7p-9:15p				8	FFX Foxes 7p-9:15p			
9									9									9					9				
9:30									9:30									9:30					9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				10	Facility closes at 10p			

TUESDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a			
6									6									6					6				
6:30	Varsity Make up swim 6:30a-8:30a								6:30	Open Swim 6:15a-12:30p								6:30					6:30				
7									7									7					7				
8									8									8					8	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30									8:30									8:30					8:30				
9									9									9					9				
10									10									10					10				
11									11									11					11				
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p				12				
1									1									1					1				
2									2									2					2				
3	Varsity Make up 2:30p-4:30p								3	Open Swim 2:30p-5p								3					3				
4									4									4					4				
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p				5	Centreville Swim Club 5p-6p			
5:30									5:30									5:30					5:30				
6									6									6					6				
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9:15p								7	Trinity Dive 6:30p-7:30p				7				
8	UWH 8:30p-10p								8									8	Nova Meteors 7:30p-9p				8				
9									9									9					9				
9:30									9:30									9:30					9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				10	Facility closes at 10p			

Wednesday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a			
6									6									6					6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
7									7									7					7				
8									8									8					8	GMU-D in water 7:45a-11a and on deck 7:15a			
8:30									8:30	Open swim 8:30a-1p								8:30					8:30				
9									9									9					9				
10									10									10					10				
11									11									11					11				
12	Varsity Swim 12:30p-4:45p								12	Varsity 12:30p								12	Open Swim 1p-5p				12				
1									1	Varsity Swim 1:15p-4:45p								1					1				
2									2									2					2				
3									3									3					3				
4									4									4					4				
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p				5	Centreville Swim Club 5p-7p			
5:30									5:30									5:30					5:30				
6									6									6					6				
7									7	Shark Tank 7p-9p								7	FFX Foxes 7p-9:15p				7	FFX Foxes 7p-9:15p			
8									8									8					8				
9									9									9					9				
9:30									9:30									9:30					9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				10	Facility closes at 10p			

Thursday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a				5	Trinity 5a-6:15a			
6									6									6					6				
6:30	Varsity Make up swim 6:30a-8:30a								6:30	Open Swim 6:15a-12:30p								6:30					6:30				
7									7									7					7				
8									8									8					8	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30									8:30									8:30					8:30				
9									9									9					9				
10									10									10					10				
11									11									11					11				
12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p								12	Varsity Swim 12:30p-2:30p				12	Varsity Swim 12:30p-2:30p			
1									1									1					1				
2									2									2					2				
3	Varsity Make up 2:30p-4:30p								3	Open Swim 2:30p-5p								3					3				
4									4									4					4				
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p				5	Centreville Swim Club 5p-6p			
5:30									5:30									5:30					5:30				
6									6									6					6				
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9p								7					7				
8									8	Club Swim 8p-9:30p								8					8	Nova Meteors 7:30p-9p			
9									9									9					9				
9:30									9:30									9:30					9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				10	Facility closes at 10p			

****Note swimmers on deck 2p 1/1h -- water time closer to 3p**

FRIDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	FFX Aquatics 5p-6:30a				5				
6									6									6					6				
6:30	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a				6:30				
7									7									7					7				
8									8									8					8	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30									8:30									8:30					8:30				
9									9									9					9				
10									10									10					10				
11									11									11	Open swim 11a-1p				11	Club Swim 11:30a-1p			
12	Varsity Swim 12:30p-4:45p								12	Varsity 12:30p								12	Varsity Swim 1:15p-4:45p				12	Scuba class - set up 1:15p-2p, class 2p-3:45p, clean up 3:45p-4p (8/22-12/14)			
1									1									1					1				
2									2									2					2				
3	Varsity Make up 2:30p-4:30p								3	Open Swim 2:30p-5p								3					3				
4									4									4					4				
5	Mako 5p-6p								5	Mako 5p-6p								5	FFX Aquatics 5p-6:30p				5	FXA 5-6:30			
5:30									5:30									5:30					5:30				
6									6	Mako 6p-6:30p								6	Foxes 6:30p-7:45p				6	Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)			
7	UWH 7:30p-9:30p								7									7					7				
7:30									7:30									7:30					7:30				
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p				8p	Facility closes at 8p			

SATURDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
6									6									6					6				
7									7									7					7				
8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a								8	GMU LONG COURSE 8a-10:30a				8	GMU LONG COURSE 8a-10:30a			
9									9									9					9				
10									10									10					10				
10:30	10:30am-12pm Masters Swim Team								10:30	Mako 10:30a-12:15p								10:30	Nova Meteors 10:30a-1:30p				10:30				
11									11									11					11				
12	Special Olympics 12p-2p								12									12					12				
1									1									1					1				
2									2									2					2				
3									3									3					3				
4									4									4					4				
5									5									5					5				
6	Facility closes at 6p								6	Facility closes at 6p								6	Facility closes at 6p				6	Facility closes at 6p			

SUNDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
7									7									7					7				
8	8:15a-9:45a Masters Swim Team								8									8					8	Nova Meteors 8:30a-11:30a			
9									9									9					9				
9:30	Foxes 9:45a-12:15p								9:30									9:30					9:30				
10									10									10					10				
11									11	CCF 11:30a-12:30p								11					11				
12									12									12					12				
1									1	FFX Aquatics 12:30p-2:30p								1					1				
2									2									2					2				
3									3	CSC								3	CSC 3p-4p				3				
4									4	An Nam 4p-5:30p								4					4				
5									5									5					5				
6	UWH 5:30p-7:30p								6									6					6				
7									7									7					7				
7:30									7:30									7:30					7:30				
8p	Facility closes at 8p								8p	Facility closes at 8p								8p									