

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
2023-2024 (April 15 - April 21)

AN - An Nam	MK- Mako	GM - G. Mason	FFX A - Fairfax Aquatics	MS - Masters	
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey		
FISH - FISH	CCF - Country Club of Fairfax	MD - Dive Mason		ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

MONDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20															
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	FFX Aquatics 5-6:30a																
6									6									6																	
6:30									6:30									6:30																	
7	Varsity Swim 7a-8a								7	Varsity Swim 7a-8a								7	GMU-D 7a - 8a																
8									8									8																	
8:30									8:30									8:30																	
9									9									9																	
10									10									10																	
11									11									11																	
12									12									12																	
1									1									1																	
2									2									2																	
3									3									3																	
4									4									4																	
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p								5	Centreville Swim Club 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6									6								
7									7	Club Swim 7:30p-9p								7	FFX Foxes 7p-9:15p								7	FFX Foxes 7p-9:15p							
8									8									8									8								
9									9									9									9								
9:30									9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

TUESDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20															
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5																	
6									6									6																	
6:30									6:30									6:30																	
7	Varsity Swim 6:30a-8a								7									7	GMU-D 7a - 8a																
8									8									8																	
8:30									8:30									8:30																	
9									9									9																	
10									10									10																	
11									11									11																	
12									12									12																	
1									1									1																	
2									2									2																	
3									3									3																	
4									4									4																	
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p								5	Centreville Swim Club 5p-6p							
5:30	5:30								5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6									6								
7	Masters Swim Team 7a-8:30p								7	FFX Foxes 7p-9:15p								7	Nova Meteors 6:15p-9:15p																
8									8									8									8								
9	UWH 8:30p-10p								9									9									9								
9:30									9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Wednesday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20															
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5																	
6									6									6																	
6:30									6:30									6:30																	
7	Varsity Swim 7a-8a								7	Varsity Swim 7a-8a								7	GMU-D 7a - 8a																
8									8									8																	
8:30									8:30									8:30																	
9									9									9																	
10									10									10																	
11									11									11																	
12									12									12																	
1									1									1																	
2									2									2																	
3									3									3																	
4									4									4																	
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p								5	Centreville Swim Club 5p-7p							
5:30	5:30								5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6									6								
7									7	Shark Tank 7p-9p								7	FFX Foxes 7p-9:15p								7	FFX Foxes 7p-9:15p							
8									8									8									8								
9									9									9									9								
9:30									9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Thursday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20															
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5																	
6									6									6																	
6:30									6:30									6:30																	
7	Varsity Practice: 6:30a-8a								7									7																	
8									8									8																	
8:30									8:30									8:30																	
9									9									9																	
10									10									10																	
11									11									11																	
12									12									12																	
1									1									1																	
2									2									2																	
3									3									3																	
4									4									4																	
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p								5	Centreville Swim Club 5p-6p							
5:30	5:30								5:30	5:30								5:30	5:30								5:30	5:30							
6									6									6									6								
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-8p								7									7								
8									8	Club Swim 8p-9:30p								8									8								
9									9									9									9								
9:30									9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

**** Note swimmers on deck 2p T/Th - water time closer to 3p**

FRIDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20															
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	FFX Aquatics 5-6:30a																
6									6									6																	
6:30									6:30									6:30																	
7	Varsity Swim 7a-8a								7	Varsity Swim 7a-8a								7	GMU-D 7a - 8a																
8									8									8																	
8:30									8:30									8:30																	
9									9									9																	
10									10									10																	
11									11									11																	
12									12									12																	
1									1									1																	
2									2									2																	
3									3									3																	
4									4									4																	
5	Mako 5p-6p								5	Mako 5p-6p								5	FFX Aquatics 5p-6:30p								5	FXA 5-6:30 OLW: 5p - 6p							
5:30	5:30								5:30	5:30								5:30	5:30								5:30	5:30							
6									6	Mako 6p-6:30p								6	Foxes 6:30p-7:45p								6	Masters Swim 6p-7:30p (opens 17 starts at 6:30p)							
7	UWH 7:30p-9:30p								7									7									7								
7:30									7:30									7:30									7:30								
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							

SATURDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
6									6									6								
7									7									7								
8									8									8								
9									9									9								
10									10									10								
10:30									10:30	Mako 10:30a-12:15p								10:30	Nova Meteors 10:30a-1:30p							
11	Fitter and Faster Clinic 11a-6p, Lanes 1-6								11									11								
12									12	Special Olympics 12p-2p								12								
1									1									1								
2									2									2								
3									3									3								
4									4									4								
5									5									5								
6									6									6								
	Facility closes at 6p									Facility closes at 6p									Facility closes at 6p							

SUNDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
7									7									7								
8	Fitter and Faster Clinic 8:30a-3:30p, Lanes 1-6								8	8:15a-9:45a Masters Swim Team								8	Nova Meteors 8:30a-11:30a							
9									9									9								
9:30									9:30									9:30								
10									10									10								
11									11									11								
12									12	CCF 11:30a-12:30p								12								
1									1	FFX Aquatics 12:30p-2:30p								1								
2									2									2								
3									3	CSC 3p-4p								3	CSC							
4									4	An Nam 4p-5:30p								4								
5									5									5								
6	UWH 5:30p-7:30p								6									6								
7									7									7								
7:30									7:30									7:30								
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							