

WHAT THE HEALTH

P O D C A S T



SCAN ME

Have a specific topic you want to hear about?

Visit: <https://qrco.de/belrmT> and ask for a podcast topic

- Tune in to Mason Recreation and Student Health Services podcast, **"What The Health?"** to discuss all things health and well-being!
- Find out about the things that matter to **YOU**, and learn about the different resources available on campus!
- Listen to us talk about health stuff...you know the stuff that's important to **YOU!**



Student Health Services



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