

**George Mason University**  
**Aquatic & Fitness Center, Competition Pool Schedule**  
**2024-2025 (Dec 2 - Dec 8)**

AN - An Nam	MK- Mako	GM - G. Mason	PM- Pot. Marlins	MS - Masters	Str-Streamline
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	VLAC - Victory Aquatic	
FISH - FISH	CCF - Country Club of Fairfax	MD - Mason Dive Academy	ICC - Int'l Country Club	ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

**MONDAY DEC 2**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a			
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a			
7									7									7	GMU-D in water 8:20a-11a and on deck 7:50a			
8									8									8				
8:30									8:30									8:30				
9									9									9				
10									10									10				
11	Varsity Swim 12:30p-4:30p								11	Varsity 12:30p - 1:15p								11	Open swim 11a-1p			
12									12									12				
1									1									1				
2									2									2				
3									3									3				
4									4									4				
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim 5p-7p			
5:30									5:30									5:30				
6									6									6				
7									7									7				
8									8									8				
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

**TUESDAY DEC 3**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a			
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:30a-8:30a			
7									7									7	GMU-D in water 8:20a-11a and on deck 7:50a			
8									8									8				
8:30									8:30									8:30				
9									9									9				
10									10									10				
11	Varsity Swim 12:30p-4:30p								11	Varsity Swim 12:30p-4:30p								11	Varsity Swim 12:30p-4:30p			
12									12									12				
1									1									1				
2									2									2				
3									3									3				
4									4									4				
5	Mako 5p-7p								5	Mako 5p-7p								5	FFX Aquatics 5p-7p			
5:30									5:30									5:30				
6									6									6				
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9:15p								7	Trinity Dive 6:30p-7:30p			
8	UWH 8:30p-10p								8									8	Nova Meteors 7:30p-9p			
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

**WEDNESDAY DEC 4**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a			
6	Varsity Swim 6:30a-8:30a								6:30	Varsity Swim 6:30a-8:30a								6:30	Open Swim 6:15a-8:30a			
7									7									7	GMU-D in water 6:30a - 8:30a			
8									8									8				
8:30									8:30									8:30				
9									9									9				
10									10									10				
11									11									11				
12									12									12				
1	Varsity Make up swim 12:30p - 4:30p								1									1				
2									2									2				
3									3									3				
4									4									4				
5	Mako 5p-8:15p								5	Mako 5p-7p								5	Open Swim: 5p - 7p			
5:30									5:30									5:30				
6									6									6				
7									7									7				
8									8									8				
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

**THURSDAY DEC 5**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	Trinity 5a-6:15a			
6									6									6				
6:30									6:30									6:30				
7	Varsity Make up swim 6:30a-8:30a								7									7	Open Swim 6:15a-8:30a			
8									8									8				
8:30									8:30									8:30				
9									9									9				
10									10									10				
11									11									11				
12									12									12				
1	Varsity 12:30p-2:30p								1									1	Varsity 12:30p-2:30p			
2									2									2				
3									3									3				
4									4									4				
5									5									5				
5:30									5:30									5:30				
6	Sports Fair meet -- swimmer access 3:30p, on deck access 3:45p -- warm ups 4p-4:50p, meet 5p-7p								6									6	Sports Fair meet -- swimmer access 3p, on deck access 3p -- warm ups 4p-4:50p, meet 5p-7p			
7									7									7				
8									8									8				
9									9									9				
9:30									9:30									9:30				
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p			

**\*\*Note swimmers on deck 2p 1/1h -- water time closer to 3p**

**FRIDAY DEC 6**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
5	Varsity 5:30a-7:15a, access 5:15a								5	Varsity 5:30a-7:15a, access 5:15a								5				
6									6									6				
7									7									7				
8									8									8				
8:30									8:30									8:30				
9	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p								9									9	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p			
10									10									10				
11									11									11				
12									12									12				
1									1									1				
2									2									2				
3									3									3				
4									4									4				
5	Sport Fair Session 3 -- swimmer access 3:30p, warm ups 3:50p, meet 5p-7:45p								5									5	Sport Fair Session 3 -- swimmer access 3:30p, warm ups 3:50p, meet 5p-7:45p			
5:30									5:30									5:30				
6									6									6				
7	Meet clean up 7:45p-8:30p								7									7	Meet clean up 7:45p-8:30p			
7:30									7:30									7:30				
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p			

**SATURDAY DEC 7**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
6	Varsity 5:30a-7:15a, access 5:15a								6	Varsity 5:30a-7:15a, access 5:15a								6				
7									7									7				
8									8									8				
9									9									9				
10									10									10				
10:30	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p								10:30									10:30	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p			
11									11									11				
12									12									12				
1									1									1				
2									2									2				
3									3									3				
4	Sport Fair Session 3 -- swimmer access 3:30p, warm ups 3:50p, meet 5p-7:45p								4									4	Sport Fair Session 3 -- swimmer access 3:30p, warm ups 3:50p, meet 5p-7:45p			
5									5									5				
6									6									6				
	Meet clean up 7:45p-8:30p																					

**SUNDAY DEC 8**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p								7	Sports Fair Session 1 and 2 -- swimmer access 7a, deck access 7:15a; meet 8:30a-2:30p								7				
8									8									8				
9									9									9				
9:30									9:30									9:30				
10									10									10				
11									11									11				
12									12									12				
1									1									1				
2									2									2				
3									3									3				
4									4									4	flip pool to practice set 2:30p-3:15p			
5	Sport Fair Session 3 -- swimmer access 3:30p, warm ups 3:50p, meet 5p-7:45p								5									5	warm up/cool down 3:50p-7:45p			
6									6									6				
7									7									7				
7:30	Meet clean up 7:45p-9:30p								7:30									7:30	Meet clean up 7:45p-9:30p			
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p			