

George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall/Spring 2024 - 2025 (Nov 25 - Dec 1)

AA- Aerobics		Open Lap Swimming	Mason Life
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline

MONDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Intermediate Swim 12p-1:15p (8/26-12/13)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	FFX Aquatics 5p - 6:30p	Mako 5p-7p					
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

TUESDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM	Paddleboard Bootcamp 6:30p - 7:30p (8/26-12/1)						
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

WEDNESDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM	POOLS CLOSE AT 2:00 PM - FACILITY CLOSES AT 7 PM						
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM							

THURSDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM	CLOSED FOR THE HOLIDAY						
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

FRIDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM	CLOSED FOR THE HOLIDAY						
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
7:30 PM							

SATURDAY

LANES	1	2	3	4	5	6	Ramp
8:15 AM	CLOSED FOR THE HOLIDAY						
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM							

SUNDAY

LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	CCF 11:30a-12:30p						
1:00 PM							
2:00 PM	An Nam 2p-4p						
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM						