

**George Mason University**  
**Aquatic & Fitness Center, Competition Pool Schedule**  
**Spring 2025 Schedule u 3.31.25**

AN - An Nam	MK- Mako	GM - G. Mason	FFX A - Fairfax Aquatics	MS - Masters	
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey		
FISH - FISH	CCF - Country Club of Fairfax	MD - Dive Mason		ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

**MONDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5	FFX Aquatics 5:30a				
6	Varsity Swim 7a-8:30a								6:30	Varsity Swim 7a-8:30a								6:30	Open Swim 6:30a-8:30a				
7	Varsity Optional Practice								8:30	Open swim 11a-1p								8:30	GMU-D in water 8:20a-11a and on deck 7:50a				
8	Mako 5p-8:15p								8:30	Mako 5p-7p				8:30	Open Swim 5p-7p				8:30	Centreville Swim Club 5p-7p			
9	Mako 5p-8:15p								9:30	Club Swim 7:30p-9p				9:30	FFX Foxes 7p-9:15p				9:30	FFX Foxes 7p-9:15p			
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				

**TUESDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5					
6	Varsity Swim 1p - 4p								6:30	Open Swim 6:30a-8:30a								6:30					
7	Varsity Swim 1p - 4p								8:30	Varsity Swim 1p - 4p								8:30	Varsity Swim 1p - 4p				
8	Mako 5p-7p								8:30	Mako 5p-7p				8:30	FFX Aquatics 5p-7p				8:30	Centreville Swim Club 5p-6p			
9	Mako 5p-7p								9:30	Mako 5p-7p				9:30	FFX Foxes 7p-9:15p				9:30	Nova Meteors 6:15p - 9:15p			
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				

**Wednesday**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5	Mako 5a-6:30a								5	Mako 5a-6:30a				5	FFX Aquatics 5:30a				5				
6	Varsity Swim 7a-8:30a								6:30	Varsity Swim 7a-8:30a								6:30	Open Swim 6:15a-8:30a				
7	Varsity Optional Practice								8:30	Open swim 11a-1p								8:30	GMU-D in water 7:45a-11a and on deck 7:15a				
8	Mako 5p-8:15p								8:30	Mako 5p-7p				8:30	Open Swim 5p-7p				8:30	Centreville Swim Club 5p-7p			
9	Mako 5p-8:15p								9:30	Shark Tank 7p-9p				9:30	FFX Foxes 7p-9:15p				9:30	FFX Foxes 7p-9:15p			
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				

**Thursday**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5	Mako 5a-6:30a								5	Mako 5a-6:30a								5					
6	Varsity Swim 1p - 4p								6:30	Open Swim 6:15a-8:30a								6:30					
7	Varsity Swim 1p - 4p								8:30	Varsity Swim 1p - 4p								8:30	GMU-D in water 8:20a-11a and on deck 7:50a				
8	Mako 5p-7p								8:30	Mako 5p-7p				8:30	FFX Aquatics 5p-7p				8:30	Centreville Swim Club 5p-6p			
9	Masters Swim Team 7p-8:30p								9:30	Club Swim 8p-9:30p				9:30	FFX Foxes 7p-8p				9:30	Nova Meteors 6:15p - 9:15p			
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p				

**\*\*Note swimmers on deck 2p 1/1h -- water time closer to 3p**

**FRIDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5	Mako 5a-6:30a								5	Mako 5a-6:30a				5	FFX Aquatics 5:30a				5				
6	Varsity Swim 1p - 4p								6:30	Open Swim 6:15a-8:30a								6:30					
7	Varsity Swim 1p - 4p								8:30	Open Swim 11a - 1p								8:30	Club Swim 11:30a-1p				
8	Mako 5p-6p								8:30	Mako 5p-6p				8:30	Mako 5p-6p				8:30	Centreville Swim Club 5p-6p			
9	Mako 5p-6p								9:30	UWH 7:30p-9:30p				9:30	LG Class 6p-8p				9:30	Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)			
10	Facility closes at 8p								10	Facility closes at 8p								10	Facility closes at 8p				

**SATURDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
6	Varsity Swim 1p - 4p								6	Mako 10:30a-12:15p								6				
7	Varsity Swim 1p - 4p								7	Special Olympics 12p - 2p (February 1)								7				
8	Varsity Swim 1p - 4p								8	Special Olympics 12p - 2p (February 1)								8				
9	Varsity Swim 1p - 4p								9	Special Olympics 12p - 2p (February 1)								9	LG Class 9a-12p			
10	Varsity Swim 1p - 4p								10	Special Olympics 12p - 2p (February 1)								10	OKM Dive 2:30p - 5p			
11	Varsity Swim 1p - 4p								11	Special Olympics 12p - 2p (February 1)								11	OKM Dive 2:30p - 5p			
12	Varsity Swim 1p - 4p								12	Special Olympics 12p - 2p (February 1)								12	OKM Dive 2:30p - 5p			
13	Varsity Swim 1p - 4p								13	Special Olympics 12p - 2p (February 1)								13	OKM Dive 2:30p - 5p			
14	Varsity Swim 1p - 4p								14	Special Olympics 12p - 2p (February 1)								14	OKM Dive 2:30p - 5p			
15	Varsity Swim 1p - 4p								15	Special Olympics 12p - 2p (February 1)								15	OKM Dive 2:30p - 5p			
16	Varsity Swim 1p - 4p								16	Special Olympics 12p - 2p (February 1)								16	OKM Dive 2:30p - 5p			
17	Varsity Swim 1p - 4p								17	Special Olympics 12p - 2p (February 1)								17	OKM Dive 2:30p - 5p			
18	Varsity Swim 1p - 4p								18	Special Olympics 12p - 2p (February 1)								18	OKM Dive 2:30p - 5p			
19	Varsity Swim 1p - 4p								19	Special Olympics 12p - 2p (February 1)								19	OKM Dive 2:30p - 5p			
20	Varsity Swim 1p - 4p								20	Special Olympics 12p - 2p (February 1)								20	OKM Dive 2:30p - 5p			

**SUNDAY**

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20		
7	8:15a-9:45a Masters Swim Team								7	8:15a-9:45a Masters Swim Team								7	Nova Meteors 8:30a - 11:30a			
8	8:15a-9:45a Masters Swim Team								8	8:15a-9:45a Masters Swim Team								8	Nova Meteors 8:30a - 11:30a			
9	8:15a-9:45a Masters Swim Team								9	8:15a-9:45a Masters Swim Team								9	Nova Meteors 8:30a - 11:30a			
10	8:15a-9:45a Masters Swim Team								10	8:15a-9:45a Masters Swim Team								10	Nova Meteors 8:30a - 11:30a			
11	8:15a-9:45a Masters Swim Team								11	8:15a-9:45a Masters Swim Team								11	Nova Meteors 8:30a - 11:30a			
12	8:15a-9:45a Masters Swim Team								12	8:15a-9:45a Masters Swim Team								12	Nova Meteors 8:30a - 11:30a			
13	8:15a-9:45a Masters Swim Team								13	8:15a-9:45a Masters Swim Team								13	Nova Meteors 8:30a - 11:30a			
14	8:15a-9:45a Masters Swim Team								14	8:15a-9:45a Masters Swim Team								14	Nova Meteors 8:30a - 11:30a			
15	8:15a-9:45a Masters Swim Team								15	8:15a-9:45a Masters Swim Team								15	Nova Meteors 8:30a - 11:30a			
16	8:15a-9:45a Masters Swim Team								16	8:15a-9:45a Masters Swim Team								16	Nova Meteors 8:30a - 11:30a			
17	8:15a-9:45a Masters Swim Team								17	8:15a-9:45a Masters Swim Team								17	Nova Meteors 8:30a - 11:30a			
18	8:15a-9:45a Masters Swim Team								18	8:15a-9:45a Masters Swim Team								18	Nova Meteors 8:30a - 11:30a			
19	8:15a-9:45a Masters Swim Team								19	8:15a-9:45a Masters Swim Team								19	Nova Meteors 8:30a - 11:30a			
20	8:15a-9:45a Masters Swim Team								20	8:15a-9:45a Masters Swim Team								20	Nova Meteors 8:30a - 11:30a			