George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
Spring 2025 Schedule u 3.14.25

AN - An Nam	MK- Mako	GM - G. Mason	FFX A - Fairfax Aquatics	MS - Masters
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey	
FISH - FISH	CCF - Country Club of Fairfax	MD - Dive Mason		ST- Shark Tank

Closed | Univ Clubs | Open Lap | Lane Rentals | Class

MONDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5	Mako 5a-6:30a								Mako 5a-6:30a						FFX Aquatics 5-6:30a					
6																				
6:30	Varsity Swim 7a-8:30a								Varsity Swim 7a-8:30a						Open Swim 6:30a-8:30a					
7																				
8																	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30																				
9																				
10																				
11									Open swim 11a-1p											
12																				
1	Varsity Optional Practice																			
2																				
3																				
4																				
5	Mako 5p-8:15p								Mako 5p-7p				Open Swim 5p-7p				Centreville Swim Club 5p-7p			
5:30																				
6																				
7									Club Swim 7:30p-9p				FFX Foxes 7p-9:15p				FFX Foxes 7p-9:15p			
8																				
9																				
9:30																				
10	Facility closes at 10p								Facility closes at 10p								Facility closes at 10p			

TUESDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5	Mako 5a-6:30a								Mako 5a-6:30a											
6																				
6:30									Open Swim 6:30a-8:30a											
7																				
8																	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30																				
9																				
10																				
11																				
12	Varsity Swim 1p - 4p								Varsity Swim 1p - 4p								Varsity Swim 1p - 4p			
1																				
2																				
3																				
4																				
5	Mako 5p-7p								Mako 5p-7p				FFX Aquatics 5p-7p				Centreville Swim Club 5p-6p			
5:30																				
6																	Nova Meteors 6:15p - 9:15p			
7	Masters Swim Team 7p-8:30p								FFX Foxes 7p-9:15p											
8																				
9																				
9:30																				
10									Facility closes at 10p								Facility closes at 10p			

Wednesday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5	Mako 5a-6:30a								Mako 5a-6:30a				FFX Aquatics 5-6:30a							
6																				
6:30	Varsity Swim 7a-8:30a								Varsity Swim 7a-8:30a						Open Swim 6:15a-8:30a					
7																				
8																	GMU-D in water 7:45a-11a and on deck 7:15a			
8:30																				
9																				
10																				
11									Pole 11a - 12p				Open swim 11a-1p							
12																				
1	Varsity Optional Practice																			
2																				
3																				
4																				
5	Mako 5p-8:15p								Mako 5p-7p				Open Swim 5p-7p				Centreville Swim Club 5p-7p			
5:30																				
6																				
7									Shark Tank 7p-9p				FFX Foxes 7p-9:15p				FFX Foxes 7p-9:15p			
8																				
9																				
9:30																				
10	Facility closes at 10p								Facility closes at 10p								Facility closes at 10p			

Thursday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5	Mako 5a-6:30a								Mako 5a-6:30a											
6																				
6:30																				
7									Open Swim 6:15a-8:30a											
8																	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30																				
9																				
10																				
11																				
12	Varsity Swim 1p - 4p								Varsity Swim 1p - 4p											
1																				
2																				
3																				
4																				
5	Mako 5p-7p								Mako 5p-7p					FFX Aquatics 5p-7p			Centreville Swim Club 5p-6p			
5:30																				
6																	Nova Meteors 6:15p - 9:15p			
7	Masters Swim Team 7p-8:30p								FFX Foxes 7p-9:15p											
8																				
9																				
9:30																				
10									Facility closes at 10p								Facility closes at 10p			

**Note swimmers on deck 2p 17th -- water time closer to 3p

FRIDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
5	Mako 5a-6:30a								Mako 5a-6:30a				FFX Aquatics 5-6:30a							
6																				
6:30									Open Swim 6:15a-8:30a											
7																				
8																	GMU-D in water 8:20a-11a and on deck 7:50a			
8:30																				
9																				
10																				
11									Open Swim 11a - 1p								Club Swim 11:30a-1p			
12																				
1																	Scuba class - set up 1:15p-2p, class 2p-3:45p, clean up 3:45p-4p (8/26-12/14)			
2																				
3																				
4																				
5	Mako 5p-6p								Mako 5p-6p											
5:30																				
6	Mako 6p-6:30p								Foxes 6:30p-7:45p								Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)			
7	UWH 7:30p-9:30p																			
7:30																				
8p	Facility closes at 8p								Facility closes at 8p								Facility closes at 8p			

SATURDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
6																				
7																				
8																				
9																				
10																				
10:30	10:30am-12pm Masters Swim Team								Mako 10:30a-12:15p											
11																				
12	Special Olympics 12p - 2p (February 1)																			
1																				
2																				
3																	OKM Dive 2:30p - 5p			
4																				
5																				
6	Facility closes at 6p								Facility closes at 6p								Facility closes at 6p			

SUNDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
7																				
8	8:15a-9:45a Masters Swim Team																Nova Meteors 8:30a - 11:30a			
9																				
9:30	Foxes 9:45a-12:30p								Foxes 9:30a-11:30a											
10																				
11									CCF 11:30a-12:30p											
12																				
1																				
2																				
3							CSC		CSC 3p-4p											
4									An Nam 4p-5:30p											
5																				
6	UWH 5:30p-7:30p																			
7																				
7:30																				
8p	Facility closes at 8p								Facility closes at 8p								Facility closes at 8p			