

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
Spring 2025 Schedule (Apr 7 - Apr 13) u 3.28.25

| | | | | | |
|---------------------|-------------------------------|---------------------|--------------------------|----------------|-------|
| AN - An Nam | MK- Mako | GM - G. Mason | FFX A - Fairfax Aquatics | MS - Masters | |
| FFX - Fairfax Foxes | SC-Swim Club | TS - Trinity School | UW- Underwater Hockey | | |
| FISH - FISH | CCF - Country Club of Fairfax | MD - Dive Mason | | ST- Shark Tank | |
| Closed | Univ Clubs | | Open Lap | Lane Rentals | Class |

MONDAY

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
|-------|---------------------------|---|---|---|---|---|---|---|------|------------------------|----|----|----|----|----|----|----|------|--------------------------------------------|----|--|--|--|--|--|--|
| 5 | Mako 5a-6:30a | | | | | | | | 5 | Mako 5a-6:30a | | | | | | | | 5 | FFX Aquatics 5:30a | | | | | | | |
| 6 | Varsity Swim 7a-8:30a | | | | | | | | 6:30 | Varsity Swim 7a-8:30a | | | | | | | | 6:30 | Open Swim 6:30a-8:30a | | | | | | | |
| 7 | | | | | | | | | 7 | | | | | | | | | 7 | GMU-D in water 8:20a-11a and on deck 7:50a | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | | | | | | | | |
| 8:30 | | | | | | | | | 8:30 | | | | | | | | | 8:30 | | | | | | | | |
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| 10 | | | | | | | | | 10 | | | | | | | | | 10 | | | | | | | | |
| 11 | | | | | | | | | 11 | Open swim 11a-1p | | | | | | | | 11 | | | | | | | | |
| 12 | Varsity Optional Practice | | | | | | | | 12 | | | | | | | | | 12 | | | | | | | | |
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| 5 | Mako 5p-8:15p | | | | | | | | 5 | Mako 5p-7p | | | | | | | | 5 | Open Swim 5p-7p | | | | | | | |
| 5:30 | | | | | | | | | 5:30 | | | | | | | | | 5:30 | | | | | | | | |
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| 9:30 | | | | | | | | | 9:30 | | | | | | | | | 9:30 | | | | | | | | |
| 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10p | | | | | | | |

TUESDAY

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
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| 5 | Mako 5a-6:30a | | | | | | | | 5 | Mako 5a-6:30a | | | | | | | | 5 | | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 6:30 | | | | | | | | | 6:30 | Open Swim 6:30a-8:30a | | | | | | | | 6:30 | | | | | | | | |
| 7 | | | | | | | | | 7 | | | | | | | | | 7 | | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | GMU-D in water 8:20a-11a and on deck 7:50a | | | | | | | |
| 8:30 | | | | | | | | | 8:30 | | | | | | | | | 8:30 | | | | | | | | |
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| 11 | | | | | | | | | 11 | | | | | | | | | 11 | | | | | | | | |
| 12 | Varsity Swim 1p - 4p | | | | | | | | 12 | Varsity Swim 1p - 4p | | | | | | | | 12 | Varsity Swim 1p - 4p | | | | | | | |
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| 5 | Mako 5p-7p | | | | | | | | 5 | Mako 5p-7p | | | | | | | | 5 | FFX Aquatics 5p-7p | | | | | | | |
| 5:30 | | | | | | | | | 5:30 | | | | | | | | | 5:30 | | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 7 | Masters Swim Team 7p-8:30p | | | | | | | | 7 | FFX Foxes 7p-9:15p | | | | | | | | 7 | | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | | | | | | | | |
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| 9:30 | | | | | | | | | 9:30 | | | | | | | | | 9:30 | | | | | | | | |
| 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10p | | | | | | | |

Wednesday

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
|-------|---------------------------|---|---|---|---|---|---|---|------|------------------------|----|----|----|----|----|----|----|------|--------------------------------------------|----|--|--|--|--|--|--|
| 5 | Mako 5a-6:30a | | | | | | | | 5 | Mako 5a-6:30a | | | | | | | | 5 | FFX Aquatics 5:30a | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 6:30 | Varsity Swim 7a-8:30a | | | | | | | | 6:30 | Varsity Swim 7a-8:30a | | | | | | | | 6:30 | Open Swim 6:15a-8:30a | | | | | | | |
| 7 | | | | | | | | | 7 | | | | | | | | | 7 | | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | GMU-D in water 7:45a-11a and on deck 7:15a | | | | | | | |
| 8:30 | | | | | | | | | 8:30 | | | | | | | | | 8:30 | | | | | | | | |
| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 10 | | | | | | | | | 10 | | | | | | | | | 10 | | | | | | | | |
| 11 | | | | | | | | | 11 | Pole 11a-12p | | | | | | | | 11 | Open swim 11a-1p | | | | | | | |
| 12 | Varsity Optional Practice | | | | | | | | 12 | | | | | | | | | 12 | | | | | | | | |
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| 5 | Mako 5p-8:15p | | | | | | | | 5 | Mako 5p-7p | | | | | | | | 5 | Open Swim 5p-7p | | | | | | | |
| 5:30 | | | | | | | | | 5:30 | | | | | | | | | 5:30 | | | | | | | | |
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| 9:30 | | | | | | | | | 9:30 | | | | | | | | | 9:30 | | | | | | | | |
| 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10p | | | | | | | |

Thursday

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
|-------|----------------------------|---|---|---|---|---|---|---|------|------------------------|----|----|----|----|----|----|----|------|--------------------------------------------|----|--|--|--|--|--|--|
| 5 | Mako 5a-6:30a | | | | | | | | 5 | Mako 5a-6:30a | | | | | | | | 5 | | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 6:30 | | | | | | | | | 6:30 | | | | | | | | | 6:30 | | | | | | | | |
| 7 | | | | | | | | | 7 | Open Swim 6:15a-8:30a | | | | | | | | 7 | | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | GMU-D in water 8:20a-11a and on deck 7:50a | | | | | | | |
| 8:30 | | | | | | | | | 8:30 | | | | | | | | | 8:30 | | | | | | | | |
| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 10 | | | | | | | | | 10 | | | | | | | | | 10 | | | | | | | | |
| 11 | | | | | | | | | 11 | | | | | | | | | 11 | | | | | | | | |
| 12 | Varsity Swim 1p - 4p | | | | | | | | 12 | Varsity Swim 1p - 4p | | | | | | | | 12 | | | | | | | | |
| 1 | | | | | | | | | 1 | | | | | | | | | 1 | | | | | | | | |
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| 4 | | | | | | | | | 4 | | | | | | | | | 4 | | | | | | | | |
| 5 | Mako 5p-7p | | | | | | | | 5 | Mako 5p-7p | | | | | | | | 5 | FFX Aquatics 5p-7p | | | | | | | |
| 5:30 | | | | | | | | | 5:30 | | | | | | | | | 5:30 | | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 7 | Masters Swim Team 7p-8:30p | | | | | | | | 7 | FFX Foxes 7p-8p | | | | | | | | 7 | Centerville Swim Club 5p-6p | | | | | | | |
| 8 | | | | | | | | | 8 | Club Swim 8p-9:30p | | | | | | | | 8 | | | | | | | | |
| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 9:30 | | | | | | | | | 9:30 | | | | | | | | | 9:30 | | | | | | | | |
| 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10n | | | | | | | | 10 | Facility closes at 10p | | | | | | | |

**Note swimmers on deck 2p 1/1h -- water time closer to 3p

FRIDAY

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
|-------|-----------------------|---|---|---|---|---|---|---|------|-----------------------|----|----|----|----|----|----|----|------|-------------------------------------------------------------------------------|----|--|--|--|--|--|--|
| 5 | Mako 5a-6:30a | | | | | | | | 5 | Mako 5a-6:30a | | | | | | | | 5 | FFX Aquatics 5:30a | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 6:30 | | | | | | | | | 6:30 | Open Swim 6:15a-8:30a | | | | | | | | 6:30 | | | | | | | | |
| 7 | | | | | | | | | 7 | | | | | | | | | 7 | | | | | | | | |
| 8 | | | | | | | | | 8 | | | | | | | | | 8 | GMU-D in water 8:20a-11a and on deck 7:50a | | | | | | | |
| 8:30 | | | | | | | | | 8:30 | | | | | | | | | 8:30 | | | | | | | | |
| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 10 | | | | | | | | | 10 | | | | | | | | | 10 | | | | | | | | |
| 11 | | | | | | | | | 11 | | | | | | | | | 11 | Open Swim 11a - 1p | | | | | | | |
| 12 | | | | | | | | | 12 | | | | | | | | | 12 | | | | | | | | |
| 1 | | | | | | | | | 1 | | | | | | | | | 1 | | | | | | | | |
| 2 | | | | | | | | | 2 | | | | | | | | | 2 | Scuba class - set up 1:15p-2p, class 2p-3:45p, clean up 3:45p-4p (8/26-12/14) | | | | | | | |
| 3 | | | | | | | | | 3 | | | | | | | | | 3 | | | | | | | | |
| 4 | | | | | | | | | 4 | | | | | | | | | 4 | | | | | | | | |
| 5 | Mako 5p-6p | | | | | | | | 5 | Mako 5p-6p | | | | | | | | 5 | | | | | | | | |
| 5:30 | | | | | | | | | 5:30 | | | | | | | | | 5:30 | | | | | | | | |
| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 7 | UW 7:30p-9:30p | | | | | | | | 7 | | | | | | | | | 7 | Masters Swim 6p-7:30p (lanes 17 starts at 6:30p) | | | | | | | |
| 7:30 | | | | | | | | | 7:30 | | | | | | | | | 7:30 | | | | | | | | |
| 8p | Facility closes at 8n | | | | | | | | 8p | Facility closes at 8n | | | | | | | | 8p | Facility closes at 8p | | | | | | | |

SATURDAY

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
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| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
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| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 10 | | | | | | | | | 10 | | | | | | | | | 10 | American Pool 8:15a - 1:15p | | | | | | | |
| 10:30 | 10:30am-12pm Masters Swim Team | | | | | | | | 10:30 | Mako 10:30a-12:15p | | | | | | | | 10:30 | | | | | | | | |
| 11 | | | | | | | | | 11 | | | | | | | | | 11 | | | | | | | | |
| 12 | Special Olympics 12p - 2p (February 1) | | | | | | | | 12 | | | | | | | | | 12 | | | | | | | | |
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| 5 | | | | | | | | | 5 | | | | | | | | | 5 | | | | | | | | |
| 6 | Facility closes at 6p | | | | | | | | 6 | Facility closes at 6p | | | | | | | | 6 | Facility closes at 6p | | | | | | | |

SUNDAY

| LANES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | | |
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| 7 | | | | | | | | | 7 | | | | | | | | | 7 | | | | | | | | |
| 8 | 8:15a-9:45a Masters Swim Team | | | | | | | | 8 | | | | | | | | | 8 | American Pool 8:15a - 1:15p | | | | | | | |
| 9 | | | | | | | | | 9 | | | | | | | | | 9 | | | | | | | | |
| 9:30 | Foxes 9:45a-12:30p | | | | | | | | 9:30 | Foxes 9:30a-11:30a | | | | | | | | 9:30 | Nova Meteors 8:30a - 11:30a | | | | | | | |
| 10 | | | | | | | | | 10 | | | | | | | | | 10 | | | | | | | | |
| 11 | | | | | | | | | 11 | CCF 11:30a-12:30p | | | | | | | | 11 | | | | | | | | |
| 12 | | | | | | | | | 12 | | | | | | | | | 12 | | | | | | | | |
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| 6 | | | | | | | | | 6 | | | | | | | | | 6 | | | | | | | | |
| 7 | UW 5:30p-7:30p | | | | | | | | 7 | | | | | | | | | 7 | | | | | | | | |
| 7:30 | | | | | | | | | 7:30 | | | | | | | | | 7:30 | | | | | | | | |
| 8p | Facility closes at 8n | | | | | | | | 8p | Facility closes at 8n | | | | | | | | 8p | Facility closes at 8p | | | | | | | |