

George Mason University
Aquatic & Fitness Center, Competition Pool Schedule
Spring 2025 Schedule (4.14 - 4.20) u 4.13.25

AN - An Nam	MK- Mako	GM - G. Mason	FFX A - Fairfax Aquatics	MS - Masters	
FFX - Fairfax Foxes	SC-Swim Club	TS - Trinity School	UW- Underwater Hockey		
FISH - FISH	CCF - Country Club of Fairfax	MD - Dive Mason		ST- Shark Tank	
Closed	Univ Clubs		Open Lap	Lane Rentals	Class

MONDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5									5								
6									6									6								
6:30	Varsity Swim 7a-8:30a								6:30	Varsity Swim 7a-8:30a								6:30	Open Swim 6:30a-8:30a							
7									7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11	Open swim 11a-1p								11								
12									12									12								
1	Varsity Optional Practice								1									1								
2									2									2								
3									3									3								
4									4									4								
5									5	Open Swim 5p-7p								5								
5:30	5:30								5:30									5:30								
6									6									6								
7									7									7								
8									8									8								
9									9	Club Swim 7:30p-9p								9	FFX Foxes 7p-9:15p							
9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

TUESDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5									5									5								
6									6									6								
6:30									6:30	Open Swim 6:30a-8:30a								6:30								
7	Mako 7a-8:30a								7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11								
12									12									12								
1	Varsity Swim 1p - 4p								1	Varsity Swim 1p - 4p								1	Varsity Swim 1p - 4p							
2									2									2								
3									3									3								
4									4									4								
5									5									5	FFX Aquatics 5p-7p							
5:30	5:30								5:30									5:30								
6									6									6	Nova Meteors 6:15p - 9:15p							
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-9:15p								7								
8									8									8								
9									9									9								
9:30	9:30								9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Wednesday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5	Mako 5a-6:30a								5									5								
6									6									6	FFX Aquatics 6:30a							
6:30	Varsity Swim 7a-8:30a								6:30	Varsity Swim 7a-8:30a								6:30	Open Swim 6:15a-8:30a							
7									7									7								
8									8									8	GMU-D in water 7:45a-11a and on deck 7:15a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11	Pole 11a-12p								11	High Sierra LG Course 8:30a - 11a							
12									12									12	High Sierra LG Course 11a-1p							
1	Varsity Optional Practice								1									1	High Sierra LG Course 1p-3p							
2									2									2								
3									3									3								
4									4									4								
5									5									5	Open Swim 5p-7p							
5:30	5:30								5:30									5:30								
6									6									6								
7									7									7	Shark Tank 7p-9p							
8									8									8								
9									9									9								
9:30	9:30								9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

Thursday

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5									5									5								
6									6									6								
6:30									6:30	Open Swim 6:15a-8:30a								6:30								
7	Mako 7a-8:30a								7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11								
12	Varsity Swim 1p - 4p								12	Varsity Swim 1p - 4p								12								
1									1									1								
2									2									2								
3									3									3								
4									4									4								
5									5									5								
5:30									5:30									5:30								
6									6									6	Nova Meteors 6:15p - 9:15p							
7	Masters Swim Team 7p-8:30p								7									7								
8									8									8	Club Swim 8p-9:30p							
9									9									9								
9:30									9:30									9:30								
10	Facility closes at 10p								10	Facility closes at 10p								10	Facility closes at 10p							

**Note swimmers on deck 2p 1/1h -- water time closer to 3p

FRIDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
5									5									5								
6									6									6								
6:30									6:30	Open Swim 6:15a-8:30a								6:30								
7	Mako 7a-8:30a								7									7								
8									8									8	GMU-D in water 8:20a-11a and on deck 7:50a							
8:30									8:30									8:30								
9									9									9								
10									10									10								
11									11									11	Open Swim 11a - 1p							
12									12									12								
1									1									1	Club Swim 11:30a-1p							
2									2									2	Scuba class - set up 1:15p-2p, class 2p-3:45p, clean up 3:45p-4p (8/26-12/14)							
3									3									3								
4									4									4								
5									5									5								
5:30									5:30									5:30								
6									6									6	Masters Swim 6p-7:30p (lanes 17 starts at 6:30p)							
7	UWH 7:30p-9:30p								7									7								
7:30									7:30									7:30								
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							

SATURDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
6									6									6								
7									7									7								
8									8									8								
9									9									9								
10									10									10	LG Course (MR) 9a-12p							
10:30	10:30am-12pm Masters Swim Team								10:30	Mako 10:30a-12:15p								10:30								
11									11									11								
12	Special Olympics 12p - 2p (February 1)								12									12								
1									1									1								
2									2									2								
3									3									3								
4									4									4	OKM Dive 2:30p - 5p							
5									5									5								
6	Facility closes at 6p								6	Facility closes at 6p								6	Facility closes at 6p							

SUNDAY

LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20						
7									7									7								
8	8:15a-9:45a Masters Swim Team								8									8	Nova Meteors 8:30a - 11:30a							
9									9									9								
9:30									9:30									9:30								
10									10									10								
11									11	CCF 11:30a-12:30p								11								
12									12									12								
1									1									1								
2									2									2								
3									3									3								
4									4									4	LG Course (MR) 3p - 6p							
5									5									5								
6									6									6								
7	UWH 5:30p-7:30p								7									7								
7:30									7:30									7:30								
8p	Facility closes at 8p								8p	Facility closes at 8p								8p	Facility closes at 8p							