

**George Mason University**  
**Aquatic & Fitness Center, Recreational Pool Schedule**  
**Spring 2025 (Apr 28 - May 4)**

AA- Aerobics		Open Lap Swimming	Mason Life				
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline				
MONDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Beginner Swim Class 12p - 1:15p (1/21 - 5/14)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	FFX Aquatics 5p - 6:30p	Mako 5p-7p					
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						
TUESDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM	Paddleboard Bootcamp 3:30p - 4:30p						
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						
WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

THURSDAY								
LANES	1	2	3	4	5	6	Ramp	
6:15 AM								
7:00 AM								
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM	Aqua Aerobics 12p-1p (8/26-12/1)							
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM	Paddleboard Bootcamp 3:30p - 4:30p							
5:00 PM	Mako 5p-6p							
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM								
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM							
FRIDAY								
LANES	1	2	3	4	5	6	Ramp	
6:15 AM								
7:00 AM								
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM								
5:00 PM	Mako 5p-6p							
6:00 PM								
7:00 PM								
7:30 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM							
SATURDAY								
LANES	1	2	3	4	5	6	Ramp	
8:15 AM	<b>CLOSED FOR SWIM MEET</b>							
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM	POOLS CLOSE AT 5:30 PM - FACILITY CLOSES AT 6 PM							
5:30 PM								
SUNDAY								
LANES	1	2	3	4	5	6	Ramp	
8:15 AM	<b>CLOSED FOR SWIM MEET</b>							
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM							
4:00 PM								
5:00 PM								
6:00 PM								
7:00 PM								
7:30 PM								