George Mason University
Aquatic & Fitness Center, Recreational Pool Schedule
Fall/Spring 2025 - 2026 (December 15 - December 21)

AA- Aerobics		Open Lap Swimming	Mason Life
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline

MONDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

TUESDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (8/25-12/14)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM	Paddleboard Bootcamp 6:30p - 7:30p (8/25-12/14)						
8:00 PM					Drop In Log Rolling 8p-9p		
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

WEDNESDAY

LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-7p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

THURSDAY DEC 18 - WINTER BREAK HOURS START

LANES	1	2	3	4	5	6	Ramp
7:15 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 1:30 PM - FACILITY CLOSES AT 2PM						

FRIDAY DEC 19

LANES	1	2	3	4	5	6	Ramp
7:15 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 1:30 PM - FACILITY CLOSES AT 2PM						

SATURDAY DEC 20

LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM							
10:00 AM							
11:00 AM							
11:30 AM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM	POOLS CLOSE AT 11:30 AM - FACILITY CLOSES AT 12 PM						

SUNDAY DEC 21

LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM							
10:00 AM							
11:00 AM							
11:30 AM	CCF 11:30a-12:30p						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:30 PM	POOLS CLOSE AT 11:30 AM - FACILITY CLOSES AT 12 PM						