

[illegible]

Thursday																													
LANES	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16		17	18	19	20								
5									5								5												
6									6								6												
6:30									6:30								6:30												
7									7								7												
8									8								8												
8:30									8:30								8:30												
9	Mako 9a-10:30a								9	Mako 5a-6:30a								GMU-D in water 8:20a-11a and on deck 7:50a											
10									10																				
11									11																				
12	Varsity Make up 12:30p-4:30p								12	Varsity Make up 12:30p-4:30p																			
1									1																				
2									2																				
3									3																				
4									4																				
5	Mako 4:45p - 6:30p				Makos 5p - 7p				5	Makos 5p - 7p				Centreville Swim Club 5p - 7p				Centreville Swim Club 5p-6p											
5:30									5:30																				
6									6																				
7	Masters Swim Team 7p-8:30p								7	FFX Foxes 7p-8p																			
8	Club Swim 8:30p-9:30p								8	Club Swim 8p-8:30p				Foxes 8p - 9:15p				Nova Meteors 7:30p-9:15p											
9									9																				
9:30									9:30																				