

**George Mason University**  
**Aquatic & Fitness Center, Recreational Pool Schedule**  
**Fall/Spring 2025 - 2026 (March 2nd - March 8th)**

AA- Aerobics		Open Lap Swimming	Mason Life
CCF-Country Club of Ffx	AN - AnNam	MK - Mako	Streamline

MONDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Intermediate Swim 12p - 1:15p						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

TUESDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (1/20 - 5/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

WEDNESDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM	Pole Vaulting: 10a - 10:30a						
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM	Pole Vaulting: 2p- 2:30p						
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

THURSDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Aqua Aerobics 12p-1p (1/20 - 5/10)						
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
9:30 PM	POOLS CLOSE AT 9:30 PM - FACILITY CLOSES AT 10 PM						

FRIDAY							
LANES	1	2	3	4	5	6	Ramp
6:15 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Mako 5p-6p						
6:00 PM							
7:00 PM							
7:30 PM	POOLS CLOSE AT 7:30 PM - FACILITY CLOSES AT 8 PM						

SATURDAY							
LANES	1	2	3	4	5	6	Ramp
8:15 AM							
9:00 AM	Aqua Aerobics 9a - 10a (1/20 - 5/10)						
10:00 AM							
11:00 AM	CLOSED 10:30a - 2:15p						
12:00 PM	CLOSED 10:30a - 2:15p						
1:00 PM	CLOSED 10:30a - 2:15p						
2:00 PM							
3:00 PM							
4:00 PM							
4:30 PM	POOLS CLOSE AT 4:30 PM - FACILITY CLOSES AT 5PM						
5:30 PM	POOLS CLOSE AT 4:30 PM - FACILITY CLOSES AT 5PM						

SUNDAY							
LANES	1	2	3	4	5	6	Ramp
8:15 AM	REC POOL WILL OPEN AT 11:30a						
9:00 AM	REC POOL WILL OPEN AT 11:30a						
10:00 AM	REC POOL WILL OPEN AT 11:30a						
11:00 AM	REC POOL WILL OPEN AT 11:30a						
12:00 PM	CCF 11:30a-12:30p						
1:00 PM							
2:00 PM	An Nam 2p-4p (Starts 3/8/26)						
3:00 PM	An Nam 2p-4p (Starts 3/8/26)						
4:00 PM	An Nam 2p-4p (Starts 3/8/26)						
4:30 PM	POOLS CLOSE AT 4:30 PM - FACILITY CLOSES AT 5PM						
5:30 PM	POOLS CLOSE AT 4:30 PM - FACILITY CLOSES AT 5PM						